

Cape Cod National Seashore RANGER-LED ACTIVITIES, October 2013



 Denotes activities that are accessible with minor assistance. Contact park staff if you have questions about accessibility.

 Denotes activities especially suited for families with children.

 Denotes fee program. Fee required.

 Denotes National Park Service Ocean Park Stewardship programs aimed at improving awareness and protection of marine resources.

SPECIAL PROGRAM AND RESERVATION POLICY

RESERVATION POLICY: All programs requiring reservations may be reserved no more than seven days in advance.

- Salt Pond Paddle trips: \$17 per adult, \$12 per child 16 and under (minimum age 6). No experience required.
- Payments are nonrefundable, available no more than 7 days in advance, and must be purchased with a credit card either in person at visitor centers or by phone, prior to 4:30 PM daily.
- All equipment is provided.
- You may have to wade and assist with moving equipment.
- Wear shoes (required) that can get wet.

Salt Pond Visitor Center,
50 Nauset Road, off Route 6
Eastham 508-255-3421

Province Lands Visitor Center,
171 Race Point Road, off Route 6
Provincetown 508-487-1256

Some restroom facilities at program locations may be closed for the season.

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Eastham and Wellfleet Program Descriptions
			9:30 AM				WALK: WILDLIFE AT FORT HILL - 1½ hours, 1 mile. Free. Enjoy the changing fall colors of the salt marsh from Fort Hill as we look for and learn about the birds, mammals, and other creatures that call this area home. Visitors should bring binoculars if they have them. Meet in the upper parking area at Fort Hill, Eastham.
						9:30 AM no program 10/12	WALK: SEARCHING FOR BIRDS - 2 hours, distance varies. Free. Join us at various sites in the park for bird identification and observations. Bring binoculars if you have them. Meet out front of the Salt Pond Visitor Center, Eastham, to caravan to selected sites.
		10 AM 10/1 and 10/8 only					CANOEING: SALT POND PADDLE - 1½ hours, 1½ miles. Take a leisurely paddle in the protected waters of Salt Pond and nearby area of Nauset Marsh in Eastham to explore the beauty and significance of this awe-inspiring place. BY RESERVATION ONLY NO MORE THAN 7 DAYS IN ADVANCE. CALL SALT POND VISITOR CENTER, 508-255-3421, TO REGISTER. SEE SPECIAL PROGRAM AND RESERVATION POLICY ABOVE.  
10 AM 10/13 and 10/27 only							WALK: SPARK OF MAGIC: WHERE MARCONI TRIUMPHED - 30 minutes ¼ mile. Free. Join a ranger to explore the site where, in 1903, Guglielmo Marconi transmitted the first official wireless message across the ocean. Meet in the parking area of the Marconi Station site, Wellfleet. 
	T 11 AM through 10/14 only	OH 1 - 4 PM through 10/8 only	OH 1 - 4 PM through 10/9 only	OH 1 - 4 PM through 10/10 only		T 11 AM	CAPTAIN EDWARD PENNIMAN HOUSE: A WHALING FAMILY'S STORY - Free. Learn about the Penniman family through a tour of their home and stories of their travels. Examine some of the hardships, adventures, and lifestyle of a whaling family. T= TOUR, BY RESERVATION ONLY NO MORE THAN 7 DAYS IN ADVANCE. CALL SALT POND VISITOR CENTER, 508-255-3421, TO REGISTER. OH = OPEN HOUSE, BROWSE THROUGH. Meet at the Penniman House at Fort Hill, Eastham. <i>Limited parking.</i> 
2 PM no pro- gram 10/20	2 PM 10/7 and 10/14 only				2 PM 10/4 and 10/11 only	2 PM	AFTERNOON RANGER WALKS - varying durations and distances. Free. Sundays - Salt Pond Stroll - 1 hour, 1 mile. Take this easy walk to discover some of the intriguing stories and features of this scenic and naturally and culturally significant area. Meet at the terrace of the Salt Pond Visitor Center, Eastham. Mondays: Curious About Sharks? - 1 hour, less than 1 mile. Walk the beach with a ranger to explore the dynamic between sharks and seals in the ocean environment. Meet at Marconi Beach boardwalk, Wellfleet. Fridays - Shoreline Stroll - 1 hour, 1 mile. Discover the cultural and natural history of the secluded, dynamic coastal barrier system known as the Great Island "gut." Learn about the interaction between local people and the environment over time. Meet at Great Island parking area, Wellfleet. Saturdays - Life on the Edge - 1 hour, 1 mile. Witness the impact the sea has on the shore and the species that live there. Explore the beach below the bluff and discuss the issues of an ever-changing shoreline. Meet at Nauset Light Beach parking area, Eastham.
3 PM		3 PM through 10/8 only					TOUR: THREE SISTERS LIGHTHOUSES - 1 hour, ½ mile. Free. These 19th-century lighthouses once provided a beacon for sailors off the shore of Nauset Light Beach. Learn of their history and importance. Meet at the northeast corner of Nauset Light Beach parking area, Eastham.  

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Truro and Provincetown Program Descriptions
9 AM							WALK: ROADS LESS TRAVELED - 2 to 3 hours, 2 to 4 miles. Free. Join a ranger for a moderate, longer hike and discover some of the lesser known areas of the Outer Cape. Location varies each week. Bring water and good hiking footwear. CALL 508-487-1256 FOR MEETING LOCATION AND TO REGISTER.
						10 AM	WALK: ENCHANTING DUNES AND WILD CRANBERRY BOGS - 1 hour, 1 mile in soft sand. Free. Explore the magical fall light of the dune landscape and wild cranberry bogs at harvest time. Discover the hidden story of America's second-oldest public lands and how actions by enterprising settlers changed this landscape. Bring a bag or small container if you would like to collect cranberries. Meet at the Province Lands Visitor Center, off Race Point Road, Provincetown. Wear shoes appropriate for walking in soft sand, and bring water. 
						10:30 AM 10/19 and 10/26 only	WALK: PILGRIM HEIGHTS, FALL COLORS - 1½ hours, ½ to 1 mile. Free. Enjoy the dune and heathland landscape alive with fall colors. Perhaps gain a peak at some migrating birds. Meet at the shelter in the Pilgrim Heights parking area in Truro.
2 PM to 4 PM		2 PM to 4 PM		2 PM to 4 PM		2 PM to 4 PM	OPEN HOUSE: OLD HARBOR LIFE-SAVING STATION - Free. Built in 1898, Old Harbor is the last intact life-saving station of the original thirteen on Cape Cod. The station has been restored and refurbished. A visit feels like stepping into a turn-of-the-century, working station while the crew is out on patrol. Park at Race Point Beach, Provincetown and take the short walk to Old Harbor. 

Special Program:

WALK: PERSPECTIVES ON THE FALL HARVEST OF 1621

Wednesday, October 23, 2 PM

1½ hours, 1 mile.

Journey back to the events that took place on Cape Cod and Plymouth leading up to the fall harvest celebration of 1621. Was this the first Thanksgiving? Reflect on professional research as we attempt to retrace the steps of the Mayflower passengers' first explorations of Cape Cod. Meet at the Pilgrim Heights parking area in Truro.

Cape Cod National Seashore Fall Symposium *Beyond the Beach*

Tuesdays, October 1 through November 5, 6:30 to 7:30 PM
at Salt Pond Visitor Center. Free. ♿

For many summer visitors, Cape Cod National Seashore is "the beach." But Outer Cape residents know that the park offers much more in its many dimensions and moods, and compelling natural and cultural resource stories. Join park staff and guest presenters for a behind-the-scenes look at the national seashore's diverse resources and issues, from sea level rise and climate change, to animal migrations and seismic research and education.

October 1: *Return of the Tides - The Restoration of the Herring River, A Look Back and Ahead* - Tim Smith, Cape Cod National Seashore Restoration Ecologist, and Bill Burke, Cape Cod National Seashore Historian

October 8: *Too Hot to Handle? A Surprising Climate Change Casualty - Cape Cod History* - Bill Burke, Cape Cod National Seashore Historian

October 15: *The Technologies of Tracking Coastal Change at Cape Cod National Seashore, from 1889 to the Present* - Mark Adams, Cape Cod National Seashore GIS Coordinator

October 22: *Whose Fault Is It? Peering into the Earth with Seismic Instruments at the National Seashore* - Barbara Dougan, Cape Cod National Seashore Education Specialist

October 29: *By Land, Air, or Sea: Cape Cod National Seashore's Great Animal Migrations* - Jason Taylor, Cape Cod National Seashore Chief of Natural Resource Management; Mary Hake, Cape Cod National Seashore Natural Resources Specialist and Shorebird Program Lead; Charles "Stormy" Mayo, Provincetown Center for Coastal Studies Senior Scientist and Director of the Right Whale Research Program

November 5: *State of the Seashore: Successes and Challenges of 2013, and a Look Ahead to 2014* - George Price, Cape Cod National Seashore Superintendent



Friends of
the Cape Cod
National Seashore

Rum Soaked Crooks - Sea Chanteys and Ballads

Friday October 11, 7 PM, 1 hour. Free.
Salt Pond Visitor Center, Eastham ♿

The "Crooks" are back by popular demand! Tap your toes to sea chanteys and folk music and enjoy stories of the sea.



Nauset Light Tours

Sundays, 1 to 4 PM.
Lighthouses have
guided mariners off

Cape Cod shores since the late 1700s. Nauset Light remains a navigational aid. Park at Nauset Light Beach. Conducted by Nauset Light Preservation Society. www.nausetlight.org. Donations accepted.

Full Moon Tour - Friday, October 18, 7 to 8:30 PM. Bring a flashlight!



Highland Lighthouse

Open 10 AM to
5:30 PM through
mid-October. Enjoy

magnificent views from Cape Cod's oldest lighthouse. \$4 all ages. Children must be 48 inches tall. 508-487-1121. Conducted by volunteers of Highland Light and Museum, Inc. www.capecodlight.org.

