Salt Pond Visitor Center,  
50 Nauset Road, Eastham, 508-255-3421  
Daily 9 am to 5 pm

Salt Pond Visitor Center offers expansive views of Salt Pond, Nauset Marsh, and the Atlantic, as well as an extensive museum. The Nauset Marsh and Buttonbush walking trails, and the Nauset Bicycle Trail are nearby.

Province Lands Visitor Center,  
171 Race Point Road, Provincetown, 508-487-1256  
Daily 9 am to 5 pm, closes for season 10/31

The outdoor observation decks at the Province Lands Visitor Center offer sweeping views of dunes and ocean. Whales may be spotted offshore. Race Point Beach, the Province Lands Bicycle Trail, and the Beech Forest walking trail are nearby.

Each seashore visitor center has staff to assist with trip planning, restrooms, exhibits, a store, orientation films (open captions audio description, and assistive listening devices available), and large print and Braille versions of some park publications.

**Bat Week 2022**  
October 24-31

Bats are an important part of ecosystems and food webs. Though some species of bats feed on fruit, seeds, or pollen, all of the species that live in the Northeast are insectivores. Bats consume huge numbers of insects every night, filling a unique ecosystem role as nocturnal insect predators. Kettle ponds and forests with a variety of vegetation are important for bat habitats and should be preserved. Eight species of bats have been identified at Cape Cod National Seashore. These species include one federally threatened (and state endangered) species and three state endangered species. Big brown bats are the most common bat found at the seashore.

**Tour a Lighthouse**  
**All month long!**

Have you ever wanted to tour a lighthouse? Now is your chance! Nauset Light in Eastham and Highland Light in Truro are available for tours throughout the month of October.

- Nauset Light- Sundays, 1:00-4:00 pm, except October 9th. October 9th, 6:30-8:30 pm, Full Moon Tour. Climb the tower for great views and history. Admission is free, but donations are accepted.

- Highland Light- Mondays through Saturdays, 10 am-4:30 pm. The original Highland (Cape Cod) Light was constructed in 1797, making it the first lighthouse on Cape Cod. Operated by Eastern National. Adults $8; Seniors and military $7. Students and children $5. Must be 48” tall to climb the tower.
Discover Nauset Marsh Hike – Sundays, Tuesdays, Thursdays, and Saturdays at 11 am, 2 hours, up to 1.5 miles. Discover the area’s geologic past, how it has been shaped over time, and what may be in store for its future. Meet at Salt Pond Visitor Center.

Nauset Light Tour – Sundays, 1:00-4:00 pm, except October 9th. October 9th, 6:30-8:30 pm, Full Moon Tour. Climb the tower for great views and history. Admission is free, donations accepted. Located at Nauset Light Beach, Eastham. Operated by Nauset Light Preservation Society: www.nausetlight.org

Terrace Talk – Saturdays and Sundays at 2 pm, 30 minutes. Explore the stories behind seashore scenery during these short talks on the Salt Pond Visitor Center terrace.

Programs and Activities Eastham Area Programs

<table>
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Sustaining Cape Cod Speaker Series – Saturdays at 1:00 pm, Salt Pond Visitor Center, Eastham. Join Friends of the Cape Cod National Seashore for its 35th Annual Speaker Series to celebrate 35 years of support for Cape Cod National Seashore!

- October 1: Dr. Mark Borrelli, The Creation of Cape Cod: Its geologic history and present-day coastal processes
- October 8: Elizabeth James-Perry, Native Art and Understanding: Sense of Place and Traditional Ecological Knowledge
- October 15: Bill Burke, Promises of the Park
- October 22: Bob Prescott, 40 years Behind the Mast: The ever-changing nature of Cape Cod

**Programs and Activities Wellfleet, Truro, and Provincetown Area Programs**

Beech Forest Beauty – Friday, October 14, 3 pm, 1 hour, 1 mile. Join a Ranger to hear what hidden gems await this fall in the dune ponds and cranberry bogs of this old growth forest and adjacent dune scape. Reservations are required and may be made up to one week in advance by calling Province Lands Visitor Center at 508-487-1256.

Dune and Bog Walk – Saturday at 3 pm, 1-2 hours, 1-2 miles in loose sand. Meet at the Province Lands Visitor Center and head out to explore an enchanting landscape of sand dunes and wild cranberry bogs.

Explore the Seashore – Sundays at 2 pm, 2 hours, 2-3 miles in loose sand. Get off the beaten path to explore the wild habitats, fascinating nature, and captivating history of the Outer Cape. Slog through sand and trapse up and down dunes in this immersive experience. Call 508-487-1256 for location.

Fall Birding Hike – Thursday, October 27, 10 am, 2 hours, 3 miles in loose sand. What birds of a feather are flocking together this fall at the Seashore? Join a birding Ranger with a spotting scope to explore the seabirds gathering just offshore at Race Point. Reservations are required and may be made up to one week in advance by calling Province Lands Visitor Center at 508-487-1256.

Highland Light Tours – Mondays through Saturdays, 10 am-4:30 pm. The original Highland (Cape Cod) Light was constructed in 1797, making it the first lighthouse on Cape Cod. The current 1857 tower recently underwent a major rehabilitation. 27 Highland Light Road, Truro. Operated by Eastern National. Adults $8; Seniors and military $7. Students and children $5. Must be 48” tall to climb the tower. Store hours, 9:30 am-5 pm Monday-Saturday. Visit www.highlandlighthouse.org for tour schedule and more information.

Ranger on Deck – Daily at 11 am, 20-30 minutes. Explore the stories behind the scenery from the Province Lands Visitor Center observation decks.

Sharks and Seals: Cape Cod’s Dynamic Duo Walk (Truro) Mondays and Fridays, 10 am, 1 hour, 1-2 miles in loose sand at Head of the Meadow Beach. Examine the relationship between sharks and seals and their roles in a healthy marine environment. Reservations are required and may be made up to one week in advance by calling Province Lands Visitor Center at 508-487-1256.