

Cape Cod National Seashore Activities May 1 through May 22, 2015

National Park Service
U.S. Department of the Interior
www.nps.gov/caco



A planning and construction project is underway to replace the stairs at Nauset Light Beach destroyed during winter storms. Repairs are also being planned for the Herring Cove North parking area, where extensive erosion has limited parking. Full access to all areas will be available as soon as possible.

SALT POND VISITOR CENTER SATURDAYS In Eastham

OPEN DAILY 9 TO 4:30 PM ♿
OFF ROUTE 6, EASTHAM.
508 - 255 - 3421

This visitor center offers magnificent views of Salt Pond, Nauset Marsh, and the Atlantic; an outstanding museum; and regularly-scheduled films in the theater. Staff are on duty to help with trip planning, and there is a well-stocked gift and bookstore featuring national seashore-related items. Restrooms are available in the parking area. The Nauset Marsh and Buttonbush trails, and the Nauset Bike Trail are nearby.

PROVINCE LANDS VISITOR CENTER

OPEN DAILY 9 TO 5 PM ♿
OFF RACE POINT ROAD,
PROVINCETOWN. 508 - 487 - 1256

Just two miles from the tip of the Cape, this center features an observation deck with 360° views; a small exhibit area; showings of park orientation films every half hour (9-4); staff on duty to assist with trip planning, and there is a well-stocked gift and bookstore featuring national seashore-related items. Whales are often viewable from here. Restrooms are available in the parking area. The Province Lands Bike Trail and Race Point Beach are nearby.

Check in at www.nps.gov/caco and follow us on:



TOUR: CAPTAIN PENNIMAN HOUSE - A WHALING FAMILY'S STORY - 11 AM, 1 hour. Free. Explore some of the hardships, adventures, and lifestyle of a whaling family as you tour their 1868 home. **Reservations required no more than 7 days in advance. Call Salt Pond Visitor Center, 508-255-3421, ext. 0. Meet at the Penniman House at Fort Hill, 70 Fort Hill Road.**

In Truro and Provincetown

HIKE: OFF THE BEATEN PATH - 9 AM, up to 2 hours, 2 miles. Free. Moderate difficulty. Join a ranger for a longer hike and discover some of the lesser-known areas of the Outer Cape. Locations vary each week. Terrain can include steep hills and loose sand. Wear or bring long pants, sunscreen, bug spray, and water. *Listed dates only.*

May 2 - Marconi Heathlands - Explore a rare heathland community and learn about how fire management helps to protect it. Meet at the observation deck of the Marconi Station Site. 195 Marconi Station Road. *Directions:* At stop light, turn east off Route 6 into the Marconi Station Area, South Wellfleet.

May 16 - Ballston Beach - Ascend Bearberry Hill for dramatic views of the ocean and the Pamet River Valley. Along the way, experience multiple habitats of heathlands, forest, and sea cliffs. 11 North Pamet Road. *Directions:* Take Truro Center/ Pamet Roads exit off Route 6 in Truro. Proceed 1½ miles on North Pamet Road to the end. Meet at the parking area adjacent to the Environmental Education Center.

SPECIAL EVENT

Beech Forest Birding Bonanza!

Saturday, May 9, 9:30 to 11:30 AM. Celebrate *International Migratory Bird Day* on May 9 by visiting the Beech Forest Trail in Provincetown for a fun morning all about birds! This year's theme is "Restore Habitat, Restore Birds." Learn about birding by ear, why Beech Forest is an important place for migrating birds, and what we can do to help keep it that way. Stop by for activities, games, and bird tattoos anytime between 9:30-11:30. 36 Race Point Road, Provincetown.

Photographic Exhibit at Salt Pond

Based on Cape Cod since 1977, International Fund for Animal Welfare (IFAW) has a special concern for the quality of life for animals and people on this fragile peninsula and for the protection of the coastal environment that surrounds us. Come to the Salt Pond classroom through May to view a photographic exhibit that conveys IFAW's and the national seashore's shared missions to protect animals and habitats, and to enhance the public's understanding and enjoyment of them.

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Penniman House



OPEN HOUSE: OLD HARBOR LIFE-SAVING STATION - Daily, 2 to 4 PM. Old Harbor is the last intact life-saving station of Cape Cod's original thirteen. The station has been restored and refurnished. A visit feels like stepping into a turn-of-the-century, working station. Park at Race Point Beach, 191 Race Point Road, Provincetown, and take the short walk to Old Harbor.

MARINER'S DAY: OPEN HOUSE AT RACE POINT LIGHT - Sunday, May 17, 9 AM to 2 PM. Free. In honor of *Mariner's Day*, the Cape Cod Chapter of the American Lighthouse Foundation is offering a special tour of the entire station. Free transportation. No reservations necessary. Meet volunteers at Race Point Beach, Provincetown, in the parking area farthest from the water. Last ride to the lighthouse is at 2 PM. Call 508-362-9304 for more information. *Appropriate footwear required.*



Old Harbor Life-Saving Station

SUNDAYS In Eastham

WALK: DISCOVER NAUSET MARSH - 2 PM, 1 hour, 1 mile. Free. Take this easy one-hour walk to discover some of the stories and features of this scenic area. Meet at the terrace of the Salt Pond Visitor Center, 50 Nauset Road. *No program May 17.*

WALK: LIGHTHOUSE TOUR of the THE THREE SISTERS - 3 PM, 1 hour, ½ mile. Free. These 19th-century lighthouses once provided a beacon for sailors off the shore of Nauset Light Beach. Come and learn of their history and importance. Meet at Nauset Light Beach parking area, at the intersection of Ocean View Drive and Cable Road. ♿



Three Sisters lighthouses

In Provincetown

WALK: PROVINCE LANDS DUNES AND BOGS - 9 AM, 1 hour, 1 mile in loose sand. Free. Explore an enchanting dune landscape of unusual plants and wild cranberry bogs, while learning about the Province Lands' unique place in American history. Meet at the Province Lands Visitor Center parking area, 171 Race Point Road.

WALK: BEECH FOREST BEAUTY - 10 AM, 1 hour, 1½ miles in soft sand. Free. Watch spring erupt in a unique hardwood forest nestled in the dunes. Discover the diversity of this ecosystem as you look for animal tracks, plants growing in sand dunes, cranberry bogs, and vernal pools. Favorable winds might also bring spring birds like warblers. Meet at the Beech Forest parking area, 36 Race Point Road.

MONDAYS In Provincetown

RANGER ON DECK - Drop in between 2 to 3 PM. Free. The decks of the Province Lands Visitor Center offer amazing views of dunes, ocean, and their inhabitants. Join a ranger to look for whales, birds, and historic buildings from the deck; or to explore new topics of the ranger's choice. Meet at Province Lands Visitor Center, 171 Race Point Road.

TUESDAYS In Wellfleet

WALK: SPARK OF MAGIC: WHERE MARCONI TRIUMPHED - 10 AM, 45 minutes, ½ mile. Free. Join a ranger to explore the site where, in 1903, Guglielmo Marconi transmitted the first official wireless message across the ocean. Meet in the parking area of the Marconi Station site, 195 Marconi Station Road. ♿

In Provincetown

RANGER ON DECK - Drop in between 2 to 3 PM. Free. The decks of the Province Lands Visitor Center offer amazing views of dunes, ocean, and their inhabitants. Join a ranger to look for whales, birds, and historic buildings from the deck; or to explore new topics of the ranger's choice. Meet at Province Lands Visitor Center, 171 Race Point Road.

WEDNESDAYS In Provincetown

WALK: PROVINCE LANDS DUNES AND BOGS - 10 AM, 1 hour, 1 mile in loose sand. Free. Explore an enchanting dune landscape of unusual plants and wild cranberry bogs, while learning about the Province Lands' unique place in American history. Meet at the Province Lands Visitor Center parking area, 171 Race Point Road.

THURSDAYS In Wellfleet

WALK: SHORELINE STROLL - 10 AM, 1 hour, 1 mile. Free. Discover the fascinating cultural and natural history of the secluded, dynamic coastal barrier system known as the Great Island "gut." Learn about its connection to the Herring River throughout history. Meet at the Great Island parking area, where Chequessett Neck and Griffin Island Roads meet. *No Program May 7.*



Great Island Trail

In Truro

WALK: DUNE VIEWS OVER EAST HARBOR - 10 AM, 1½ hours, 1½ miles in loose sand. Free. Moderate difficulty. Climb atop a parabolic dune to gain 360° views of ocean, cranberry bogs, harbor, and Provincetown. Discover the story of how the harbor was turned into a "lake," then back into a harbor. Meet in the bike trail parking lot at the end of High Head Road, off Route 6, in North Truro (stay left and continue on the dirt road).

Nauset Light, corner of Cable Road and Ocean



View Drive, Eastham

FREE TOURS CONDUCTED BY
NAUSET LIGHT PRESERVATION
SOCIETY VOLUNTEERS FROM 1 TO 4
PM, SUNDAYS, MAY 10 AND 17.
WWW.NAUSETLIGHT.ORG

Highland Lighthouse, 27 Highland Light Road, Truro



OPENS MID-MAY, OPERATED BY EASTERN
NATIONAL. Climb the lighthouse tower,
and take in the beautiful view. 508-487-
1121. ADMISSION: \$4 PER PERSON (CHILDREN
MUST BE 48" TALL TO CLIMB HIGHLAND LIGHT.)
WWW.HIGHLANDLIGHTHOUSE.ORG