



Snowy Dunes, Truro, NPS photo/Patrick Burns

Experience the seasonal changes and beauty of Outer Cape Cod in winter.

Salt Pond Visitor Center is open year 'round. Stop by for suggestions on how to enjoy this less hurried time of year. The visitor center offers daily films, an outstanding museum, rotating art exhibits, a well-stocked gift and museum shop and a compelling view of the Salt Pond, Nauset Marsh, and the Atlantic. ♿

If the weather allows, dress in layers, and stroll a beach or trail, looking for evidence of animals, and exploring what has washed up with the waves. You may spot seals and whales from shore.

All six national seashore beaches and twelve self-guiding trails are open year 'round, though there may be temporary closures during and immediately following storms. Restrooms are available at Salt Pond and in the parking area of Province Lands Visitor Center in Provincetown.

The Province Lands Visitor Center has closed for the season, and will reopen on May 1, 2015. Its outdoor observation deck is open year 'round, affording a 360-degree view of the Outer Beach and Provincetown.



Activities especially suited for families with children.



National Park Service Healthy Parks Healthy People programs featuring parks as cornerstones of mental, physical, and spiritual health.

Ranger-Guided Activities in Eastham

Most outdoor programs proceed in light rain or snow; however, if the weather is inclement, call Salt Pond Visitor Center to find out if the program will be held. 508-255-3421 x 0.

Indoor Activities: See, Touch, and Learn - Daily from January 1 through 4, and from January 17 to 19, ♿  stop by the Salt Pond Visitor Center between 10 AM and 3 PM to see what rangers are showcasing for the day.

Hike: Healthy Parks, Healthy People - Thursday, January 1, 1 PM, 2 miles, up to 2 hours.

Why make resolutions that are hard to keep? Here's an easy one—resolve to explore the national seashore often in 2015. There are twelve self-guiding trails—one for each month of the year! Get off on the right foot with a moderate walk through the Nauset area and on to Coast Guard Beach. Look for seals and other wildlife along the way. Meet in the rear parking area (near the picnic shelters) at Doane Picnic Area, Eastham.

Walk: Winter Survival Games - Saturday, January 17, 10 AM, 1 mile, 1.5 hours

How do New England animals survive the winter cold? Do they hibernate, stay active and leave tracks in the snow, or head somewhere warmer? Find out in this family program that will include indoor games and an outdoor activity, weather permitting. Dress warmly. Meet at Salt Pond Visitor Center, Eastham.

continued



*Especially
for Families*

“Bears” Saturday, January 17, 1:30 PM. This captivating Disney Nature documentary follows two mother brown bears as they raise cubs amid the splendor of the Alaskan wilderness. Over the course of a year, the cubs play in the snow, learn how to fish, and elude a predatory wolf pack.

“March of the Penguins” Saturday, February 21, 1:30 PM. Award-winning photographer Luc Jacquet takes documentary film to new heights with his first feature film, a stunning look at emperor penguins living in one of the harshest climates on the planet. The product of more than a year of filming on the Antarctic ice, this Oscar-winner reveals never-before-captured footage of the penguins’ underwater life.

Cape Cod National Seashore 2015 Film Festival

Sundays, 1:30 to 3:30 PM, at Salt Pond Visitor Center, Eastham

In 2016, Cape Cod National Seashore and the 399 other National Park Service sites across our nation will celebrate the National Park Service Centennial. As a prelude, the national seashore’s 2015 Winter Film Festival features the Ken Burns series on the history of the National Park Service “*America’s Best Idea*.” Explore cornerstone events and some of our nation’s most compelling locales--from Acadia to Yosemite, Yellowstone to the Grand Canyon, and the Everglades of Florida, to the Gates of the Arctic in Alaska.

January 18: *The Scripture of Nature (1851–1890)* shows the beauty of Yosemite Valley, and the geyser wonderland of Yellowstone, and features John Muir becoming their eloquent defender.

January 25: *The Last Refuge (1890–1915)* Theodore Roosevelt uses the presidential powers of the Antiquities Act to add national monuments and the Grand Canyon, and declares the ultimate purpose of the National Parks: “For the Benefit and Enjoyment of the People.”

February 1: *The Empire of Grandeur (1915–1919)* features the establishment of the National Park Service and the influence of its early leaders, Stephen Mather and Horace M. Albright, and wealthy industrialists who were persuaded to help champion the park system.

February 8: *Going Home (1920–1933)* focuses on Americans embracing the automobile, setting off an explosion in the number of park visits. Meanwhile, the Rockefellers quietly buy up land in the Teton Mountain Range.

February 15: *Great Nature (1933–1945)* emphasizes the societal impacts of the park concept, including new environmental and naturalistic perspectives, employment opportunities, and expansion of the park idea to additional U.S. locations.

February 22: *The Morning of Creation (1946–1980)* details the ecological damage caused by 62 million visitors each year, and the controversial decision to protect wolves in Alaska.

All movies are free, and will show on a theatre-size screen.

Refreshments provided at 1:00 PM prior to each film.

Film festival funded by Friends of the Cape Cod National Seashore

Salt Pond Visitor Center, Route 6 at Nauset Road, Eastham 508 - 255 - 3421 Ext. 0 

www.nps.gov/caco