



Sprouting Forth

Towards a healthy and sustainable future

With great change and progress underway for the Highlands Center and throughout Cape Cod National Seashore, the “Sprouting Forth” theme was born out of a celebration of the healthy and sustainable initiatives embraced by the park service.

As we glimpse into the future and recognize the priorities for surrounding communities, residents, visitors, and the local environment – it is clear that health and sustainability are top priorities in order to “Sprout Forth” into a bright future. Park wide, CCNS has taken great strides in engaging with the “Healthy Parks, Healthy People” initiative – making the effort to highlight the park as a resource for activities that engage both mind and body such as walking, biking, yoga, surfing and more.



In recognition of the effects of climate change that have already made their mark on Cape Cod National Seashore, the park is committed to reducing its own Greenhouse Gas Emissions – represented in their successful 19% reduction from 2011 to 2015. With a goal of reducing 20% by 2020, CCNS is well on track to not only meet but exceed these goals, with new innovative projects underway including solar energy and electric cars for their fleet, along with charging stations for employees and visitors alike.



The mural for “Sprouting Forth” was designed by AmeriCorps member, Megan Liggett, with the sculptural element of metal flowers designed and welded by Cape Cod Regional Technical High School student, Julia Dowd. These elements come together to represent the Highlands Center as a destination for ecological understanding, art, green living and healthy physical activity.