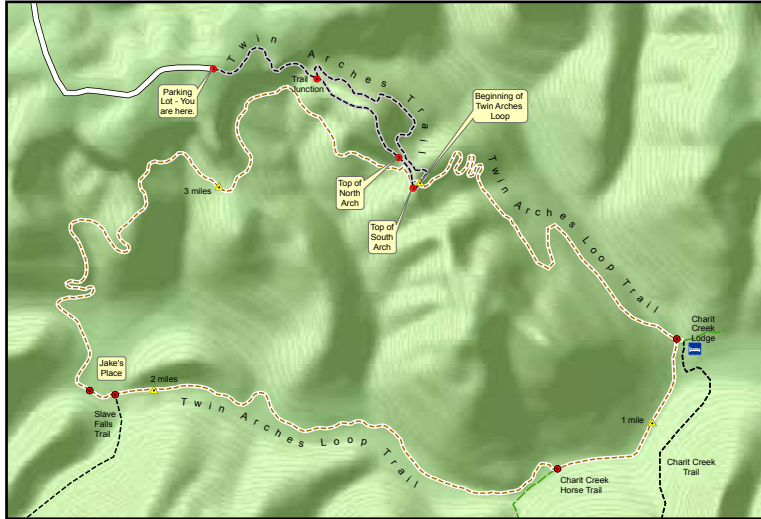




**Twin Arches Trailhead**  
 Upper Loop 1.4 mile loop—Easy/Moderate  
 Lower Loop 4.1 mile loop—Difficult

After turning off TN 154N, remain on Divide road, following the Twin Arches signs for 4 miles. Turn right on the 2-mile Twin Arches Road and drive to the parking area.

The Upper Loop trail descends steep staircases to reach the base of the arches in 0.7 mile. The trail is easier if you go across the top of the North Arch and down the stairs between the two arches. A sign at the North Arch will direct you back to the parking area. The North and South Arches began as eroding “windows” in the narrow sandstone ridge and are so massive that both cannot be seen from one location. From the South Arch, the 4.1 mile Lower Loop descends to Charit Creek Lodge, passes the trail to Slave Falls, travels below high bluffs and finishes at the North Arch.



**West Side Hiking Trails**  
 Middle Creek, Sawmill, Charit Creek & Twin Arches

National Park Service  
 U.S. Department of the Interior



Big South Fork National River & Recreation Area  
 Kentucky/Tennessee



**Middle Creek Trailhead**  
 3.5 mile loop—Easy/Moderate

From the Bandy Creek Visitor Center, turn right and drive 1.6 miles to a stop sign. Turn right onto TN 297W and drive 10 miles. At the stop sign, turn right onto TN 154N and drive 1.8 miles. Turn right on a gravel road, Divide Road. The Middle Creek Trailhead is located 0.7 mile on your right.

Carved into sandstone bluffs by weathering and erosion, rock shelters abound on the moderate 3.5 mile loop. An easy 0.9 mile Connector Trail joins Middle Creek Loop and Slave Falls Loop. At the junction, you can turn right on the Slave Falls Loop to access Laurel Fork Creek Trail in 1 mile.



**Charit Creek Trailhead**  
 0.8 mile one way—Difficult

Follow the directions above to Sawmill Trailhead. Continue past the trailhead to the end of Fork Ridge. Use caution as this section of road serves as a multi-use trail, open to horses and wagons.

This steep 0.8 mile trail is the shortest way into Charit Creek Lodge. Entering the forest from the parking area, you will descend a wooden staircase to the base of a bluff. The trail begins winding its way down the steep hillside via switchbacks. Cross the swinging bridge over Station Camp Creek and turn right on the graveled road leading to the lodge.



**Sawmill Trailhead**  
 Slave Falls Loop Trail  
 3.2 mile loop—Easy/Moderate

Follow the directions above to Divide Road. Drive past Middle creek Trailhead. In 0.3 mile turn right on Fork Ridge Road. Continue 2.2 miles to the trailhead.

Intermittent streams cut through rock very slowly, even in geological time. The result is a tall but narrow hanging waterfall. From Sawmill Trailhead, you can reach the waterfall in 1.2 miles. Past the 0.2 mile spur leading to the waterfall, a 2.5 mile Connector Trail winds downhill past Needle Arch and joins the Twin Arches Trail near Jake's Place. Slave Falls Loop also features a 90 feet wide, 75 feet deep Indian Rock House. Near the rock house is the beginning of the beautiful 13-mile Laurel Fork Creek Trail that highlights approximately 30 creek crossings before connecting to the John Muir Trail near Station Camp Creek.

*Information about Twin Arches Trailhead can be found on the back page.*



### HIKING TRAIL MAP

#### BANDY CREEK AREA TRAILS

Oscar Blevins Farm Loop 3.6 mi

John Litton Farm Loop 5.9 mi

Bandy Creek Loop 1.3 mi

#### LEATHERWOOD FORD TRAILS

\*Angel Falls Rapid 2.0 mi

\*Angel Falls Overlook 2.8 mi

\*O & W 2.3 mi

#### DIVIDE ROAD AREA TRAILS

Middle Creek Loop 3.5 mi

Slave Falls Loop 3.2 mi

\*Laurel Creek 13.0 mi

\*Charit Creek 0.8 mi

Twin Arches Loop 5.5 mi

Upper loop only 1.4 mi

\*One way mileage

