Callinectes sapidus  The literal translation of this Latin name is the beautiful (calli) swimmer (nectes) that is savory (sapidus). Named for the color of its claws and not its temperament, the blue crab is one of Assateague’s best known and most sought after creatures. As both predator and prey this crustacean is a keystone species, vital for sustaining the health of Assateague’s coastal bays.

Growing Up

Before You Go Crabbing

Crabs can pinch! It’s their best defense. To avoid getting pinched, pick the crab up at the base of one of its back swimming legs where it connects to its body. In the event that you get pinched, place the crab in water so that it will let go.

When is the best time to go crabbing?

In season, crabbing can be done anytime, but the best time is when the tide is moving.

What equipment do I need?

- a hand line or string with a weight and/or a collapsible trap
- bait (chicken necks, bait fish)
- net with long handle
- ruler to measure the crabs
- cooler with lid and ice

How do I catch the crabs?

When it comes to bait, the best options are types that can stay on your line like chicken necks or bait fish.

Tie the bait onto the line, and hold the line with one hand and drop it into water until bait hits the bottom. When you feel a crab tugging on your line, slowly pull the line with the crab until it is just below the surface. Use a net to scoop up the crab before it lets go of the bait.

Place crab in a cooler with ice if it is a “keeper” (see regulations). Crabs will not survive in a bucket or cooler of water. Take only what you will eat. If you are not keeping it, return it to the water immediately.

Wash your hands after handling bait. Never cook dead crabs, throw them out. Bacteria accumulate quickly in dead crabs.
Regulations change frequently. Please check at the Assateague Island Visitor Center or with the Maryland Department of Natural Resources (877-620-8DNR, http://dnr.maryland.gov/fisheries/) for the latest regulations.

Recreational crabbing on Assateague in Maryland does not require a license. The season is open from April 1 - December 31. June through September are the best months. Hand lines and collapsible traps are permitted. (In Maryland, only waterfront property owners and commercial crabbers may use crab pots.) Crabbing equipment must be attended at all times. All lines and collapsible traps must be removed after crabbing.

Minimum size limits - Maryland Coastal Bays:
- Males: 5 inches
- Mature females: no size limits
- Mature females with eggs: prohibited

Limit: one bushel per person per day.

Crabs are measured from point to point across the widest part of their shell.

Note the deep channels and the small restricted area by the bridge. Crabs are caught throughout the bay by boat. Dockside crabbing may take place at Old Ferry Landing, the State Park crabbing dock and South Point boat ramp.