







# Special BioBlitz Week Ranger-Led Programs

## Sept 21-25, 2025

Location	Program	Sun 21	Mon 22	Tues 23	Wed 24	Thurs 25
Toms Cove Visitor Center (Virginia)	<b>Birding with a Ranger</b> (1 hour window)  					3:00 pm
Toms Cove Visitor Center (Virginia)	<b>Free as a Bird</b> (1.5 hours, ½ mile)	8:00 am				
Life of the Forest Trail (Maryland)	<b>Free as a Bird</b> (2 hours, ½ mile)	8:00 am				
Wildlife Loop Parking Lot (Virginia)	<b>Marsh Trail Guided Hike</b> (1 hour, ½ mile)		10:00 am			
Toms Cove Visitor Center (Virginia)	<b>Under the Boardwalk</b> (30 minutes, ¼ mile)  			3:00 pm		

Children under 12 must be accompanied by an adult on all programs.



These programs are especially popular with children.



Wheelchair accessible programs.

## Program Descriptions

**Birding With a Ranger** - See what birds the ranger is viewing off the Toms Cove Visitor Center deck. Come and go as you please anytime during the 1-hour window. Some binoculars and field guides will be available.

**Free as a Bird** - Discover some of Assateague's most colorful residents on this walk designed for birders of all skill levels. A limited number of binoculars and bird guides are available.

**Marsh Trail Guided Hike** - Explore the Marsh Trail during this 1-hour guided hike through forest and freshwater marsh areas of the refuge.

**Under the Boardwalk** - What's in bloom? Who made those tracks? Why are the crabs waving at me? You never know what you'll see under the boardwalk!

All programs will include taking photos of the living organisms that we see and uploading the observations into iNaturalist for our BioBlitz event.



# bioblitz

The National Park Service assists the U.S. Fish and Wildlife Service in interpretation and recreation management, but only in the Toms Cove area of the Virginia portion of the island. The Chincoteague National Wildlife Refuge provides many other activities throughout the rest of the refuge. Contact them at 757-336-6122 for program details.