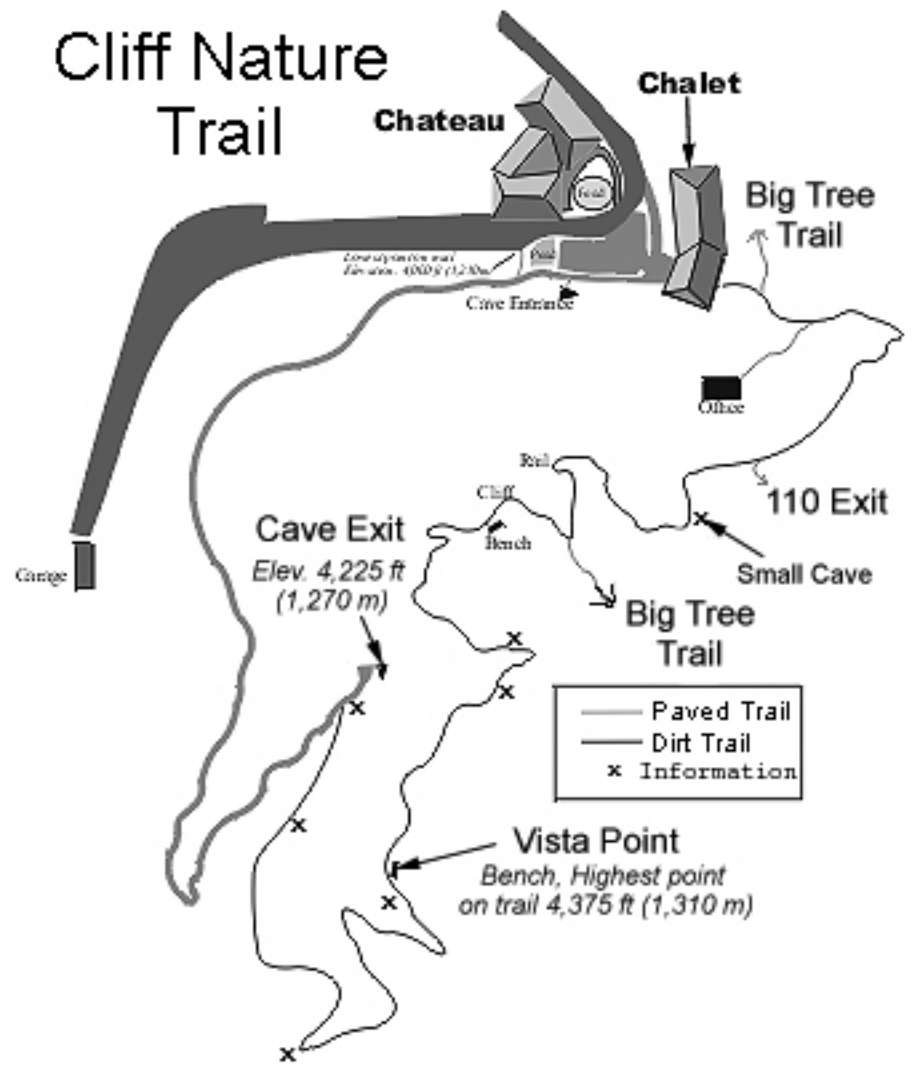Cliff Nature Trail