



**National Park Service**  
**U.S. Department of the Interior**

Theodore Roosevelt  
National Park

PO Box 7  
Medora, ND 58645

701-623-4466 phone  
701-623-4840 fax  
[www.nps.gov/thro](http://www.nps.gov/thro)

---

## **Theodore Roosevelt National Park**

### **News Release**

Immediate Release

Eileen Andes 701-623-4466

Date: August 24, 2009

### **National Park Will Offer People's Choice Wilderness Hike**

The last wilderness hike of the season in the North Unit of Theodore Roosevelt National Park is scheduled for Sunday, September 6.

Hikers should meet wilderness ranger John Heiser at the picnic area near the amphitheater in the Juniper Campground in the park's North Unit at 9:00 a.m. CDT. Participants should be prepared for strenuous hiking and wear sturdy boots and durable clothes. It is essential that each person bring plenty of drinking water, food, sunscreen, and insect repellent.

Heiser is offering four options for visitors to consider – looking for bighorn sheep, or hiking to the North Unit Petrified Forest, the Achenbach Hills or the park's longest bentonite ridge. The hikers will decide the morning of the hike on a majority vote. Other considerations determining the hike will be the group size and weather conditions. The hike could last from 4 to 8 hours and cover 2 to 6 miles.

“This will be a great opportunity for visitors to get out in the Theodore Roosevelt Wilderness Area and see some spectacular early fall scenery and wildlife,” said Superintendent Valerie Naylor. “It's a beautiful time of year and we hope for a good number of hikers.”

Visitors are encouraged to bring binoculars, cameras, and a favorite poem or quote. In the case of extreme weather, the hike may be cancelled; please call the North Unit Visitor Center at 701-842-2333 for current information.

--NPS--