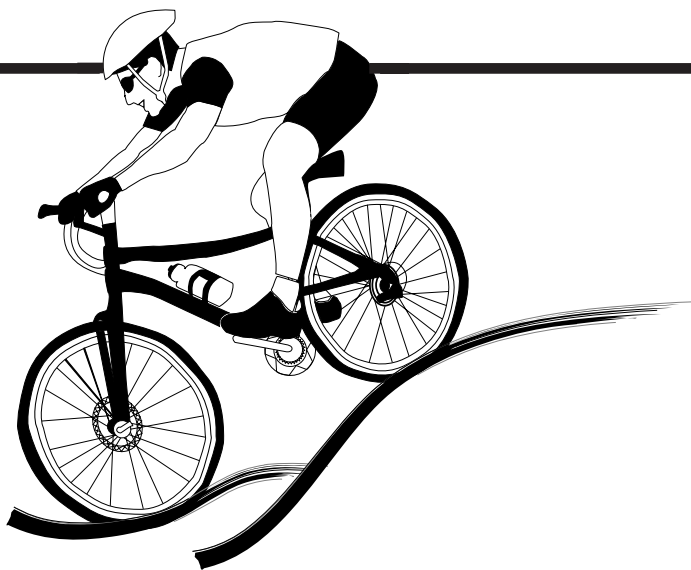


Santa Monica Mountains

National Recreation Area
National Park Service
U.S. Department of the Interior

Mountain Biking in the Park



The mountain bike trails traversing the Santa Monica Mountains weave through diverse terrain. From ridgetops to canyon floors, there are many opportunities for a great ride. Challenge yourself with an exhausting ascent that yields rewarding ocean views, or leisurely pedal along an oak-shaded stream. On any trek, always ride safely and responsibly, and with minimal impact to the land. When you ride in the park, please remember:



Trail Etiquette

- Stay on designated roads and trails, and do not enter private property. Respect closures.
- Yield the right-of-way to hikers and equestrians. Announce your approach well in advance.
- Stand off to the side as oncoming horses pass, and talk to riders as they go by. Do not attempt to pass equestrians until you have alerted the riders and asked them for permission.
- Park off the trail, even in remote areas, to keep trail clear for other users or emergency vehicles.

Respect for Resources

- Do not cut switchbacks or create new trails.
- Do not disturb wildlife.
- Leave gates as you found them (open or closed) or as signed.
- Avoid muddy trails, avoid skidding, and reduce your speed in corners during turns.
- Pack out what you pack in.

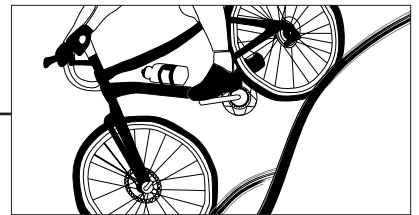
Safety Measures

- Always wear a helmet.
- Take and drink plenty of water. Carry high-energy snack foods.
- Obey all speed laws.
- Carry first aid supplies. Learn to recognize and avoid poison oak, rattlesnakes, ticks and bees.
- When riding alone, tell someone where you are going. Avoid traveling alone in remote areas.
- Follow posted instructions.

Preparation

- Plan your trip carefully. Prepare to be self-sufficient at all times.
- Know your ability, equipment and the area where you will ride.
- Keep your bicycle in good condition. Carry tools for minor repairs.
- Know local rules and park regulations. Be aware of the bicycle provisions of the California Vehicle Code.

Trails Open to Mountain Bicycles in Santa Monica Mountains National Recreation Area



General rule of thumb to follow while mountain bicycling in the Santa Monica Mountains: If a trail is over 4 feet wide, it is a fire road and open, unless signed "Closed." If a trail is less than 4 feet wide, it is a single track and closed, unless signed "Open."

	TRAIL TYPE	LEVEL OF DIFFICULTY
POINT MUGU-THOUSAND OAKS AREA		
Los Robles Trail	Single Track	Advanced
Wendy Trail	Single Track	Moderate
Big Sycamore Canyon Fire Road	Paved Road/Fire Road	Beginner
Overlook Fire Road & North Overlook Fire Road	Fire Road	Advanced
Ranch Center Road	Paved Road/Fire Road	Beginner
Wood Canyon Fire Road	Fire Road	Advanced
Guadalasca Trail	Single Track	Moderate/Advanced
Wood Canyon Vista Trail	Single Track	Advanced
Sage Trail	Single Track	Moderate/Advanced
CIRCLE X RANCH		
Backbone Trail to Tri Peaks Junction	Fire Road	Moderate
LEO CARRILLO AREA		
Yellow Hill Fire Road	Fire Road	Beginner/Moderate
ZUMA CANYON		
Zuma Ridge Trail	Fire Road	Beginner/Moderate
Zuma Edison Road– Zuma Cyn Connector Trail–Kanan Edison Road	Fire Road	Advanced
MALIBU CREEK STATE PARK-CASTRO AREA		
Bulldog Fire Road	Fire Road	Moderate/Advanced
Castro Peak Fire Road	Fire Road	Beginner/Moderate
High Road	Fire Road	Beginner
Low Road	Fire Road	Beginner
Mott Road	Fire Road	Beginner
Crags Road	Fire Road	Beginner
Mesa Peak Fire Road	Fire Road	Advanced
Liberty Canyon Trail	Fire Road	Beginner
CHEESEBORO/PALO COMADO CANYONS		
Modelo Trail	Single Track/Fire Road	Moderate
Cheeseboro Canyon Trail	Fire Road	Beginner
Sulphur Springs Trail	Fire Road	Beginner/Moderate
Canyon View Trail	Fire Road	Moderate
Baleen Wall Trail	Fire Road	Moderate
Palo Comado Canyon Trail	Fire Road	Beginner
Ranch Center Trail	Fire Road	Moderate/Advanced
Palo Comado Connector	Fire Road	Moderate
TOPANGA STATE PARK		
East Topanga Fire Road	Fire Road	Moderate/Advanced
Eagle Springs Fire Road	Fire Road	Moderate/Advanced
Eagle Rock Fire Road	Fire Road	Moderate/Advanced
Fire Road 30	Fire Road	Moderate/Advanced
Caballero Canyon Trail	Single Track	Moderate/Advanced
Temescal Ridge Fire Road (North of Skull Rock)	Fire Road	Moderate
Trailer Canyon Fire Road	Fire Road	Advanced
Loop Road (Will Rogers State Historic Park)	Fire Road	Beginner
Rogers Road Trail/Backbone Trail	Single Track	Advanced

OTHER PLACES NEAR SANTA MONICA MOUNTAINS

Wildwood Park, Happy Camp, Rocky Peak Park, Oat Mountain, Angeles and Los Padres National Forests



**National Park Service
Visitor Center**
401 West Hillcrest Drive
Thousand Oaks, CA 91360
805-370-2301
<http://www.nps.gov/samo/>

For More Information:

Trail maps and guides are available at the National Park Service Visitor Center. Staff is available to answer questions seven days a week (including most holidays), 9am to 5pm.

In an emergency, dial 911.