



# Saguaro National Park (East) Naturalist Program Schedule

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Programs meet at the Rincon Mountain Visitor Center, 3693 S. Old Spanish Trail. Program schedules are subject to change. Call the visitor center at (520) 733-5153 for updates or to make *RESERVATIONS*.  
*Programs marked with an \* are wheelchair accessible.*

## January 10 – January 16, 2011

### Monday, January 10

**11:00 a.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment.

### Tuesday, January 11

**9:00 a.m. Desert Morning Hike**

Join a park naturalist for this 3-hour, 4-mile exploration of Saguaro National Park. Wear sturdy hiking shoes and bring water and a trail snack.

**10:00 a.m. Sonoran Lifestyles**

Join a park naturalist on this 2-hour, 1-mile walk to discover how plants and animals adapt to life in the desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. Natural History Table\***

Join a park naturalist on the visitor center patio to have your questions answered about the natural history of the Sonoran Desert. This is an on-going, 30-minute program.

**2:30 p.m. Reptiles and Amphibians of the Sonoran Desert\***

Join park naturalist Bob Brandner for this 30-minute presentation to discover the fascinating world of reptiles and amphibians.

### Wednesday, January 12

**9:00 a.m. Desert Morning Hike**

Join a park naturalist for this 3-hour, 4-mile exploration of Saguaro National Park. Wear sturdy hiking shoes and bring water and a trail snack.

### Thursday, January 13

**10:00 a.m. Desert Discovery**

Join park naturalists on this two-hour, 2-mile walk to discover the secrets of the Sonoran Desert. Wear comfortable walking shoes and bring water.

**2:00 p.m. Wildlife Detective\***

Join a park naturalist on the visitor center patio to learn how you too can become a wildlife detective by knowing what signs to look for

## **Friday, January 14**

### **9:00 a.m. Desert Bird Walk**

Join volunteer naturalists Vicki Powers and Ralph Terry for an easy 2-hour walk in search of desert birds. Wear comfortable walking shoes and bring water.

### **10:00 a.m. Sonoran Lifestyles**

Join a park naturalist on this 2-hour, 1-mile walk to discover how plants and animals adapt to life in the desert. Wear comfortable walking shoes and bring water.

### **11:00 a.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment

### **7:00 p.m. Night Walk**

Join a park naturalist for this easy two-hour hike to explore and experience the Sonoran Desert at night. Dress for the weather, wear comfortable walking shoes, and bring water and a flashlight. As space is limited, *advanced reservations are required*, and can be made by calling 733-5153.

## **Saturday, January 15**

### **11:00 a.m. Saguaro National Park: A Common Heritage\***

This 20-minute video explores the history and heritage of those who settled the Tanque Verde and Rincon Valleys.

### **2:00 p.m. Desert Discovery**

Join park naturalists on this two-hour, 2-mile walk to discover the secrets of the Sonoran Desert. Wear comfortable walking shoes and bring water.

## **Sunday, January 16**

### **11:00 a.m. Gathering the Desert\***

Join Park Ranger Laura Bolyard in the Cactus Garden for an easy 45-minute stroll to learn how desert plants have been used for food, shelter, medicine and more.

### **2:00 p.m. Yesterday, Today and...Saguaro? (The Walk)**

Change is coming to the Cactus Forest and we can't do anything about it! But don't worry – change has been happening here for thousands of years. Come explore the life cycles of the saguaro cactus and the changing face of its Sonoran Desert home on this ¼ mile, 90-minute walk.

### **3:00 p.m. Back from the Brink\***

What do you mean there were grizzly bears in Arizona? Join a park ranger in the visitor center auditorium to explore the natural history of the grizzly (and 2 other top predators) that once roamed in what is now Saguaro National Park. We will take a look at their past, present and future status in the American Southwest.