



# Saguaro National Park (East) Naturalist Program Schedule

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Programs meet at the Rincon Mountain Visitor Center, 3693 S. Old Spanish Trail. Program schedules are subject to change. Call the visitor center at (520) 733-5153 for updates or to make *RESERVATIONS*.  
*Programs marked with an \* are wheelchair accessible.*

## March 1 – March 7, 2010

### Monday, March 1

**10:00 a.m. Sonoran Lifestyles**

Join a park naturalist on this 2-hour, 1-mile walk to discover how plants and animals adapt to life in the desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment.

### Tuesday, March 2

**9:00 a.m. Desert Morning Hike**

Join a park naturalist for this 3-hour, 4-mile exploration of Saguaro National Park. Wear sturdy hiking shoes and bring water and a trail snack

**10:00 a.m. Sonoran Lifestyles**

Join a park naturalist on this 2-hour, 1-mile walk to discover how plants and animals adapt to life in the desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. Natural History Table\***

Join a park naturalist on the visitor center patio to have your questions answered about the natural history of the Sonoran Desert. This is an on-going, 30-minute program.

**2:30 p.m. Reptiles and Amphibians of the Sonoran Desert\***

Join park naturalist Bob Brandner for this 30-minute presentation to discover the fascinating world of reptiles and amphibians.

### Wednesday, March 3

**9:00 a.m. Desert Morning Hike**

Join a park naturalist for this 3-hour, 4-mile exploration of Saguaro National Park. Wear sturdy hiking shoes and bring water and a trail snack.

**10:00 a.m. Desert Discovery**

Join a park naturalist on this 2-hour, 2-mile walk to discover the secrets of the Sonoran Desert. Wear comfortable walking shoes and bring water.

**2:00 p.m. What's for Dinner?**

Join a ranger on this 2-hour walk to learn what the local wildlife dines on in the desert.

### Thursday, March 4

**10:00 a.m. Desert Discovery**

Join park naturalists on this 2-hour, 2-mile walk to discover the secrets of the Sonoran Desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. What's for Dinner?**

Join a ranger on this 2-hour walk to learn what the local wildlife dines on in the desert.

## **Friday, March 5**

### **8:30 a.m. Desert Bird Walk**

Join volunteer naturalists Vicki Powers and Ralph Terry for an easy 2-hour walk in search of desert birds. Wear comfortable walking shoes and bring water.

### **9:00 a.m. Cowboys in the Rincon Valley**

Join a park naturalist on this 2-hour, 2 ½-mile hike to explore the history and nature of the Rincon Valley. Meet at the visitor center, then caravan to the Hope Camp Trail. Wear comfortable hiking shoes, a hat and bring water and a trail snack.

### **11:00 a.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment

## **Saturday, March 6**

### **10:00 a.m. – 4:00 p.m. Fiesta de Saguaro**

Join Saguaro National Park as we celebrate our Hispanic heritage, history and culture. A full day of activities is planned, including craft demonstrators, Mariachi music and folklorico dancers, special presentations, and children's arts and crafts. Traditional Mexican food will be available for purchase. Free shuttle service will be offered from 9:00 a.m. until 5:00 p.m. from the Sahuaro Baptist Church (northeast corner of Houghton Road and Old Spanish Trail). *Call the visitor center at (520) 733-5153 for more information.*

## **Sunday, March 7**

### **10:00 a.m. 1933 to Today**

Join park ranger Arlo Ogden on a historic hike down the Shantz Trail. Learn who Homer Shantz was, and how he helped make Saguaro National Park the great attraction it is today. Dress for the weather, wear comfortable hiking shoes and bring water. The group will meet at the visitor center, then carpool to a nearby trailhead.

### **2:00 p.m. Yesterday, Today and...Saguaro?\***

Change is coming to the Cactus Forest and we can't do anything about it! But don't worry – change has been happening here for thousands of years. Come explore the life cycles of the saguaro cactus and the changing face of its Sonoran Desert home on this ¼ mile, 90-minute walk.

### **3:00 p.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment