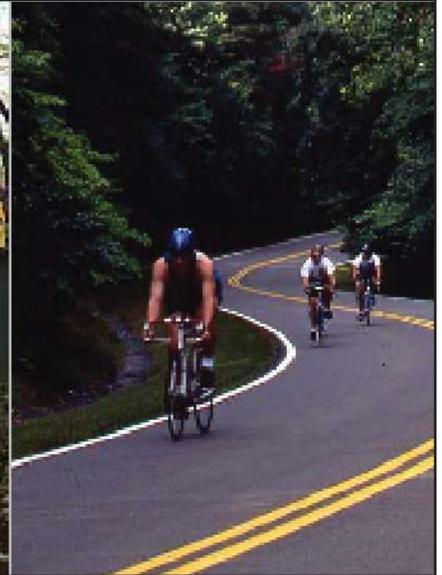
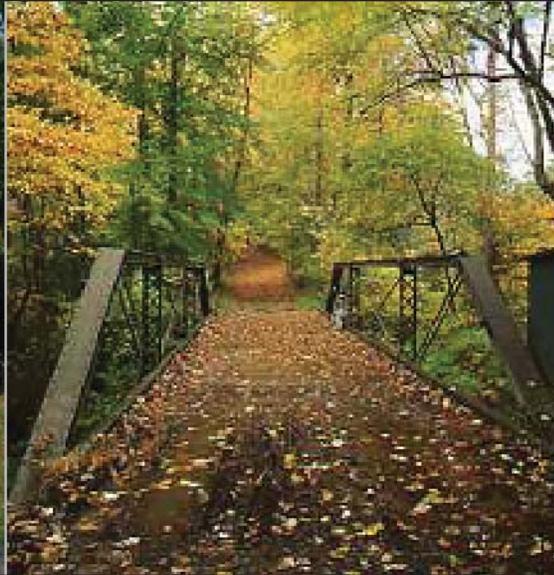




Bicycle Trail Descriptions



Park Overview

Prince William Forest Park, a unit of the National Park System, is a 15,000+ acre piedmont forest preserving a variety of natural and cultural resources 32 miles south of Washington, D.C. The park offers a variety of recreational opportunities, including 37 miles of hiking trails, over 21 miles of bicycle accessible roads and trails and numerous campgrounds. The park's cultural resources are varied and include historic cabin camps built by the Civilian Conservation Corps during the 1930s and used by the Office of Strategic Services (predecessor to the CIA) during the Second World War.

Bicycling Information

Whether you prefer the security of flat, paved roads or the thrill of off-road paths, Prince William Forest Park is the place for bicycling. Over twelve miles of paved roads and 9.2 miles of fire roads are available. Bicycle racks are located at Pine Grove Picnic Area, Turkey Run Ridge Education Center parking lot and Oak Ridge Campground.

An entrance pass is required to enter the park and may be purchased at either the entrance station or

The park is open year-round, seven days a week, from dawn to dusk. The park visitor center is also open year-round except Christmas Day, Thanksgiving and New Year's Day.

For additional information, please stop by the visitor center during business hours between 9:00 a.m. to 5:00 p.m. daily, or call the visitor center at 703-221-7181.

Regulations

Bicycles are allowed on the park's paved roads as well as designated unpaved "Fire Roads". These roads, which are rather wide, offer an interesting alternative to the paved roads. Riding on any of the designated hiking trails or in the Chopawamsic Backcountry Area is prohibited, for the safety of hikers and to prevent trail degradation. Therefore, at many points you must turn around and ride out the same way you rode in.

1. Riders must ride single file and to the right of the roadway when using paved roads.

2. Riders must obey all traffic regulations.
3. Respect and do not disturb wildlife.
4. Use caution when overtaking others and make your presence known well in advance.
5. Destroying or collecting natural and cultural resources is prohibited. Take only pictures, and leave only footprints.

Note: This is only a guide and is not all inclusive. Title 36 of the Code of Federal Regulations is applicable to the park. For further information, please contact the park's visitor center at 703-221-7181.

Safety

Bicycling is done at the visitor's own risk. The following is a list of necessary precautions.

1. Helmets and bicycle gloves are recommended.
2. Check your brakes and tire pressure before riding.
3. Be aware of fallen tree debris and ice on all roads and trails.
4. Maintain control of your speed at all times and observe park speed limits and stop signs.
5. Always yield to hikers and other non-motorized recreationalists.
6. Be aware of changing weather conditions.
7. Bring along plenty of water and be sure to drink it.
8. Bring along a park map when riding.

For a law enforcement concern, please contact a park ranger or call Park Dispatch at **866-677-6677**, or call 9-1-1 for emergencies.



Scenic Drive

Scenic Drive, from Pine Grove Picnic Area to the beginning of the Scenic Loop, is 2 miles (3.2 km) and is recommended for experienced cyclists, due to the number of steep grades and blind curves. The scenic loop is 7.3 miles (11.6 km) and accessible from several parking areas. Between parking lots "H" and "I", there are 2 miles (3.2 km) of steep terrain and hills that are suitable for experienced bicyclists. RATING: Difficult

Three miles (4.8 km) of the loop (from parking lot "D" to the road leading to Oak Ridge Campground) has one-way auto traffic, leaving one lane available for bicyclists. Please stay single-file and to the right of the bike lane. Beyond Oak Ridge Campground Road, the road reverts to two-way traffic. The north side of the loop from parking lot "D" to parking lot "H" is relatively easy, and recommended for beginners. RATING: Easy

Pyrite Mine & Burma Fire Roads

Pyrite Mine Road is one mile (1.6 km) long, across from parking lot "D" and next to North Orenda Road. It is all down hill, with the exception of a small hill near the end after a bridge crossing. Once across the bridge, turn left and go to the end of the road to see the remains of the pyrite mine commissary on the right. At the boardwalk, park your bike and take the short walk to the mine observation deck under a stand of pine trees. This is a good place to refuel for the climb back up to Scenic Drive. RATING: Moderate to Difficult

Burma Road is located on the Scenic Drive about half way between parking lots "E" and "F", across from Taylor Farm Road. This road is 1.4 miles (2.3 km) long and offers a great deal of excitement. From the Scenic Drive, it is all downhill, which if not careful, one can reach speeds over thirty miles per hour at the stream crossing. From here, it's payback for that great ride down with steep rocky climbs and descends to the park boundary. Burma Road is a great workout. RATING: Difficult

Taylor Farm & Old Black Top Road

Taylor Farm Road, 0.6 miles (1.0 km) long, can be found about halfway between parking lots "E" and "F" (across from Burma Road), and can be accessed from Scenic Drive, TREC, or Old Black Top Road. This road can be somewhat challenging due to two medium sized hills, which can raise the heart rate a little. If taking Taylor Farm Road to the cemetery site, notice that the road stops at the South Valley Trail, and one must turn around and retrace one's path to Old Black Top Road. Rating: Moderate

Old Black Top Road is 1.5 miles (2.4 km) long and can be accessed from parking lot "F" or the Turkey Run Education Center (TREC) parking lot. This road has two medium-sized hills and can be used as a shortcut around Scenic Drive, which leaves out the steep areas of Scenic Drive. RATING: Moderate

Liming Lane & West Gate Road

Liming Lane starts just west of Scenic Drive parking lot "I" with an upward grade to the park boundary 1.1 miles (1.8 km) away. Halfway down this road, in a clearing on the left is an old stone building which was built by the Civilian Conservation Corps (CCC) for storage and is still used by the park today. The Liming Cemetery site can also be found near the park's boundary, and is accessed by a small grassy road to the right, through a clearing, down a steep hill into a mature forest. The cemetery is located just beyond the forest. RATING: Moderate

West Gate Road, 0.6 miles (1 km) long, is located at the northwestern edge of the park at the Oakridge Campground parking lot. This fire trail is has one small hill. RATING: Easy

Mawavi, Lake One, North Orenda Road, South Orenda Roads

Mawavi Road, 1 mile (1.6 km), is adjacent to parking lot "G". This road goes to Cabin Camp Two (for permit campers only.) There are two hills on this fire trail and bicyclists must return to Park lot "G" via the same road

Lake One Road, adjacent to parking lot "E", is 1.2 miles (2 km) long and has one hill. Riders should use caution use caution when descending the hill. There is a lake at the end of the road, which is a great place to picnic. RATING: Easy to Moderate

North Orenda Road, 1.2 miles (2 km) long, is located at parking lot "D" and is mostly downhill. The Lewis and Johnson Cemetery is located on the left side of this road, approximately 1/2 mile in, and is marked by a small metal gate. North Orenda Road meets South Orenda Road at the bridge crossing South Fork Quantico Creek. There is a medium hill on this trail. RATING: Easy to Moderate

South Orenda Road, 0.5 miles (0.8 km) long, begins at the Pine Grove Picnic area. Please walk your bicycle down Pine Grove Forest Trail to the overlook, to start this ride. Bear right at the Camp Three Trail to continue downhill. One medium hill leads down to the bridge crossing the South Fork of Quantico Creek. RATING: Easy to Moderate

Burma Road – 1.4 miles (2.3 km)
Lake One Road – 0.4 mile (0.6 km)
Liming Lane – 1.1 miles (1.8 km)
Mawavi Road – 1.0 mile (1.6 km)
North Orenda Road – 1.2 miles (2 km)
Old Black Top Road – 1.5 miles (2.4 km)
Pyrite Mine Road – 1.0 mile (1.6 km)
South Orenda Road – 0.5 miles (0.8 km)
Taylor Farm Road – 0.6 miles (1.0 km)
West Gate Road – 0.5 miles (0.8 km)

