



Reading This Could Save Your Life!

Many features contribute to Mount Rainier's beauty and character, including some that pose significant hazards to YOUR safety:



- hidden crevasses on the mountain's many glaciers
- deep moats (gaps between snow or ice and adjacent rock)
- inclement, rapidly-changing weather
- sudden and severe "whiteout" conditions with poor visibility
- high avalanche potential

Traveling into Mount Rainier's high country exposes you to these hazards, especially when ascending above treeline and onto snowfields. Be prepared for changing conditions and unexpected difficulties!

Protect Yourself and Your Companions

When hiking, climbing, skiing, or snowboarding on higher slopes and snowfields:

- Carry a map and compass and/or GPS unit and know how to use them. Obtain compass bearings and coordinates before traveling up the Muir Snowfield toward Camp Muir.
- Carry an altimeter.
- Carry rain- and wind-resistant clothing, and extra warm clothing.
- Take extra food and water.
- Take sunglasses and sunscreen.
- Take a whistle, and a "space blanket" or other emergency shelter.
- Take a flashlight or headlamp (with extra batteries and bulb).
- Carry a snow shovel.
- **Do not travel alone. Your risk increases significantly when traveling alone.**
- **Do not travel in poor visibility. Wait for clearing.**
- Climbing permits are required for all travel above high camps (Camps Muir and Schurman) and/or on glaciers.



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