

Interpretive Activities July 1 to September 7

You're Invited!

Join a park ranger for an evening program, guided nature walk or talk. Explore the nature and history of Mount Rainier National Park. A variety of programs are offered throughout the park each day.

Longmire and Cougar Rock Areas

Roving Ranger, Look for the roving ranger hat or sign in the Longmire or Paradise areas or at pull-outs between the Nisqually Entrance and Reflection Lakes. Rangers will present brief talks and have park information available. Times and locations vary.

Living History Program, 3:30 p.m. Saturdays only through August 15

Meet a character from the past and discover the rich cultural history of Mount Rainier National Park. Historical characters may include PB Van Trump, The Longmire Family, Fay Fuller, Samuel Emmons and others. Meet at the Longmire Museum. (30 minutes)

Junior Ranger Program, Cougar Rock Campground Amphitheater, 6:30 p.m. daily July 1 through August 22; Fridays and Saturdays only through September 5

Ages 6 to 11. Join a ranger or volunteer for fun and educational activities! Meet at the Cougar Rock Campground Amphitheater. Parking at the Cougar Rock Campground is limited. If you attend the program but are not camping, please park in the Cougar Rock Picnic Area across the park road from the campground. (45 minutes)

Evening Program, Cougar Rock Campground Amphitheater, 9:00 p.m. daily through July 31, 8:30 p.m. daily August 1 through August 22, 8:30 p.m.; Fridays and Saturdays only August 22 through September 5

Join a ranger or volunteer for a program that involves, incites and explores! Topics vary. Parking at the Cougar Rock Campground is limited. If you attend the program but are not camping, please park in the Cougar Rock Picnic Area across the park road from the campground. (45 minutes)

Ohanapecosh Area

Junior Ranger Program, Ohanapecosh Visitor Center, 10:00 a.m. daily

Children of all ages are invited to join park staff for a one hour activity. Have fun while you learn more about Mount Rainier National Park! (1 hour)

Rove the Grove, 2:00p.m. - 4:30 p.m. daily

Park staff will be available along the Grove of the Patriarchs trail to answer your questions and present informal mini-talks.

Evening Program, 9:00 p.m. nightly through July 31; 8:30 p.m. beginning August 1

Join a ranger each night for an in-depth view of a fascinating aspect of Mount Rainier National Park. Topics change nightly. Meet at the Ohanapecosh Campground Amphitheater. (45 minutes)

Sunrise/White River Area

Sunrise Afternoon Guided Walks, 1:00 and 3:00 p.m. daily

Learn about the natural and cultural history of the Sunrise area on this easy ramble with a ranger. Meet at the Sunrise Visitor Center flagpole. one half mile. (30 minutes)

Junior Ranger Program, 10:00 a.m. Friday, Saturday and Sunday, July 3 through September 6

Children of all ages are invited to join park staff for a fun activity about the mountain, glaciers, habitats and more. Meet at the White River Campfire Circle. (1 hour)

Evening Program, 8:00 p.m. through July 31, 7:30 p.m. beginning August 1

Take an in-depth look at a special topic of Mount Rainier National Park during a traditional campfire talk. Meet at the White River Campfire circle. (45 minutes)

Paradise Area

Roving Ranger, Look for the roving ranger hat or sign in the Longmire or Paradise areas or at pull-outs between the Nisqually Entrance and Reflection Lakes. Rangers will present brief talks and have park information available. Time and location vary.

Meadow Meander, 10:30 a.m. daily through Labor Day

Discover the ecology of the Paradise area. Meet the ranger at the flagpole in front of the visitor center. 75 -90 minutes with the ranger plus return on your own. 1 mile round trip.

Junior Ranger Program, 1:30 p.m. Friday and Saturday through August 14

Ages 6-11 join a ranger for fun activities exploring facets of Mount Rainier. Meet at the visitor center information desk. Parents are welcome. (45 minutes)

Paradise Glacier View Walk, 2:00 p.m. daily through Labor Day

Walk to a view of a glacier and explore the geology of Mount Rainier. Meet at the large flagpole outside the visitor center. 75-90 minutes with the ranger and time to return on your own, 1.5 miles round trip.

Climate Change at Mount Rainier and the Pacific Northwest, 3:15 p.m. daily through August 15

Meet in the theater of the Jackson Visitor Center for a slide presentation or video followed by a short discussion about climate change. (30 minutes)

Paradise Inn Evening Stroll, 5:30 p.m. Friday and Saturday through August 14

Oh, the stories Paradise can tell! Come along on this leisurely walk to explore the nature and/or history of this place called Paradise. Look for the ranger outside the Paradise Inn entrance. 1 mile round trip. (30 minutes)

Paradise Inn Evening Program, 9:00 p.m. daily through September 6

Take a seat in the lobby of the Paradise Inn and enjoy an evening presentation with a park ranger or one of the guest speakers. Topics vary. Inquire at the Jackson Visitor Center or at the Paradise Inn front desk for program descriptions. (45 minutes)

Mount Rainier: The Restless Giant, shows every 30 minutes, except during special presentations

This park film had its debut with the opening of the Jackson Memorial Visitor Center in October 2008. It explores the changing nature of Mount Rainier using high definition video and surround sound! Accessible and closed caption. (21 minutes)

Junior Ranger Activity Book

Hey Kids!

You can earn a Junior Ranger Badge and a certificate. Stop by any visitor center and ask for a free Junior Ranger Activity Book. Complete the activities for your age. Return the completed book to any visitor center to receive your badge!