



National Park Service
U.S. Department of the Interior

Lava Beds
National Monument

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Lava Beds National Monument News Release

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For Immediate Release

David F. Kruse, Superintendent

Visit Lava Beds NM for the Holidays!

Tulelake, CA – Wondering what to do with friends and family on those quiet afternoons over the Holidays? Include Lava Beds NM on your itinerary. The Lava Beds Natural History Association (LBNHA), a private non-profit group is playing host in the Visitor Center, offering hot coffee and cocoa to warm your insides. The Association has added many new sales items this year, which have been popular as souvenirs and holiday gift giving alike. The LBNHA has supported the monument for nearly 50 years and you too could add your support by becoming a member and receive a discount on your holiday purchases.

Once at the visitor center, the museum offers displays to stimulate your brain and enhance your knowledge. Of course, there is also the abundance of caves to explore. No matter what the outside weather caves remain warm as a spring day even in the middle of winter. If caves **are** your choice, be sure to wear sturdy shoes and bring helmets and flashlights. Bicycle helmets are ideal for casual caving. Helmets and flashlights are also for sale if you do not have them readily available.

When the weather cooperates, a hike to the top of Schonchin Butte or within Captain Jack's Stronghold can provide an enlightening experience. Be sure to ask the staff at the Visitor Center for recommendations.

The Lava Beds Visitor Center/Museum is open every day during the winter months from 8:30 am to 12 pm and 1:00 pm to 5:00 pm; closed on Christmas Day December 25th. There is a friendly face to greet you and answer questions about the area.

For further information, contact the Lava Beds Visitor Center at:
530-667-8113 or visit our website at www.nps.gov/LABE.

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