| **INDIANA DUNES EDUCATION** | National Park Service  U.S. Department of the Interior  **Indiana Dunes National Lakeshore**  **Education Department** | National Park Service Logo |
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***Discover***

**Summary:**

Nature is full of small wonders that can be discovered by using the senses.

Seeing frogs in the wetlands, hearing woodpeckers drumming, smelling sassafras or feeling fuzzy branches are some of the sensory experiences and small wonders of nature children may encounter.

Through this sensory program, students will be immersed in an atmosphere that promotes protection of nature and the park.

**Objectives:** students will be able to:

1. Explore one or more habitats of Indiana Dunes National Lakeshore.
2. Share the importance of at least one other sense besides sight to animals and humans.
3. Name all five of their senses and have the opportunity to have used at least three.
4. Express their opinions about how special Indiana Dunes is.



**Setting:** This easy one-mile hike is a year-round program offered at the Paul H. Douglas Center.The Program is designed to be all or mostly outside. The program could be adjusted to be inside in case of inclement weather

**Age/grade:** Pre-school through 3rd Grade

**Ratio of students to ranger:** 30 to 1 unless staffing is limited, then groups will be larger.

**Safety issues:** Avoid poison ivy and ticks.

What to expect during your field trip: Group is greeted at the facility. Most hikes begin outside.

The park, the ranger and the theme for the program(senses) are introduced.

Various props and activities are brought out throughout the one hour program.

**Background Information:**

So much of our life is focused on the sense of sight. Often we forget about paying attention to the other clues and stimuli that nature has to offer.

This program offers students a chance to slow down, use less-often utilized attributes and use tools and activities to allow them to realize some of the other natural features nature has to offer that are often missed.

These tools such as sense of smell, touch and hearing are combined with using sight to observe and therefore discover as opposed to just seeing.

It is hoped through appreciation of nature with fun and enlightening experiences, the inspiration of greater protection of our natural areas will ensue.

**Prerequisite Classroom Activities:**

1. To introduce the five senses for the very young students, introduce “Sammy Sack” (plain brown lunch sack on teacher’s hand like a puppet) to students. When he fails to respond, notice he has no ears. Have a student draw ears on Sammy for him to hear. Talk to “Sammy”, asking if having ears to hear isn’t better. As he nods, ask him if the class looks like a good group today. Notice he has no eyes. Have another student draw eyes on Sammy to see the class. Continue the procedure for the remaining senses of smell (nose), taste (mouth), and touch (hands).
2. Stand quietly in the classroom and count the number of sounds using fingers heard in five seconds. Take the students outside and have them count using their fingers again the number of sounds they hear in five seconds out there. Compare what they hear inside and outside and how many more (or less ) sounds they hear outside.
3. Set up mystery touch boxes in the classroom with mystery objects. Students must try to guess what the object is by touch only. Using descriptive words; hard, soft, round, smooth, will help in classifying the objects. Each student finds a rock, pine cone, or acorn nearby or picks one from a bog you bring. Take a look at your object for a few seconds and then put it in a pile with everyone else’s. Then tell them to find their object. It will probably be hard to find. Give them a second chance and let them find another one and have them really look at it. Then return it to the pile. Mix up the objects and challenge them to find it this time. It should be easier. Use all sensed to oberve nature.

**Vocabulary:**

Sensory- relating to the senses (a specialized function or mechanism (as sight, hearing, smell, taste, or touch) by which an animal receives and responds to external or internal stimuli)

Trust- a specialized function or mechanism (as sight, hearing, smell, taste, or touch) by which an animal receives and responds to external or internal stimuli / responsibility for safety and well-being

Observe- to watch carefully / to make a scientific observation of/ to come to understand or know especially by thinking about facts that have been noted

Explore - to search through / to go into or travel over for purposes of discovery or adventure / to examine carefully and in detail especially in order to make a diagnosis.

Focus to adjust one's eye or a camera to a certain range

Adaptation- adjustment to environmental conditions: as an adjustment of a sense organ to the degree or quality of stimulation / change in an organism or its parts that fits it better for the conditions of its environment / a structure resulting from this change

Habitat- the place or type of place where a plant or animal naturally or normally lives or grows

Patterns- an artistic form, figure, or design / a set of characteristics that are displayed repeatedly

**Indiana Content Standards:**

The Discover program can assist teachers in meeting the following Indiana standards.

**Kindergarten**

Social Studies

Geography

**SS.K.3.7 2007**

Environment and Society: Recommend ways that people can improve their environment at home, in school and in the neighborhood.

Science

Physical Science

**SCI.K.1.1 2010**

Use all senses as appropriate to observe, sort and describe objects according to their composition and physical properties, such as size, color and shape. Explain these choices to others and generate questions about the objects.

Life Science

**SCI.K.3.1 2010**

Observe and draw physical features of common plants and animals.

**SCI.K.3.2 2010**

Describe and compare living animals in terms of shape, texture of body covering, size, weight, color and the way they move.

**SCI.K.3.3 2010**

Descrive and compare living plants in terms of growth, parts, shape, size, color, and texture.

**First Grade**

Life Science

**SCI.1.3.1.2010**

Classify living organisms according to variations in specific physical features (e.g., body coverings, appendages) and describe how those features may provide an advantage for survival in different environments.

**SCI.1.3.3 2010**

Observe and explain that plants and animals have basic needs for growth and survival; plants need to take in water and need light, and animals need to take in water and food and have a way to dispose of waste.

**SCI.1.3.4.2010**

Describe how animals’ habitats, including plants, meet their needs for food, water, shelter and an environment in which they can live.

Physical Science

**SCI.1.1.1 2010**

Use all senses as appropriate to identify the component parts of objects and the materials from which they are made.

**Third Grade**

Science

Life Science

**SCI.3.3.1. 2010**

Identify the common structures of a plant including its roots, stems, leaves, flowers, fruits and seeds. Describe their functions.

**Extension or Follow-up Activity**:

Class reflection paper or writing sample:

Ask each student to write a short essay, letter or story about what they learned on their field trip to Indiana Dunes National Lakeshore. Rangers love receiving mail from their students. Send the ranger the packet of essays from your class (or a copy of them), and your ranger will send your class a certificate from the dunes. Send your essays to:

*Indiana Dunes National Lakeshore*

*1100 N. Mineral Springs Road*

*Porter, IN 46304*

*Attn: Your ranger’s name or just Education Department*

If you are using this essay as a class assignment for a grade, we would like to suggest that each essay contain the following elements. Use the rubric below to score them.

\* The name of the park and the location of their field trip—for example: Douglas Center, Indiana Dunes National Lakeshore

\* Three facts they learned on the field trip about their senses and nature.

\* A brief explanation of why Indiana Dunes is unique and therefore a national park.

\* At least two things the student can do to help take care of his or her national park.

\* Fill in the blank of this statement and provide an explanation: I would like to learn more about \_\_\_\_\_\_\_\_\_\_ at Indiana Dunes.

\*\*\* For advanced groups, add the following element:

Tell the park rangers if you would like to bring your families and friends to the dunes and if so what would you do here and where would you go.

**Assessment:**

**Grading for Class reflection writing assignment:**

1. **Writing and organization-** ***4 points*** the writing sample is very well written and organized by the elements provided. It has a strong introduction, middle and conclusion. ***3 points*** the writing sample is well written and organized by the elements provided. It includes an introduction, middle and conclusion. ***2 points*** the writing sample is choppy and is not well organized. It lacks an introduction or conclusion. ***1 point***the writing sample is very short and unorganized.
2. **Grammar & Spelling-** ***4 points*** Mistakes in spelling and grammar are minor or non-existent. ***3 points*** Mistakes in spelling and grammar are minimal—about 4-5. ***2 points*** mistakes in spelling and grammar are numerous—5-10. ***1 point*** mistakes in spelling and grammar are more than 10.
3. **Facts and content-** ***4 points*** the writing sample demonstrates the student’s learning on the dunes program and includes three or more facts provided by the park staff. ***3 points*** the writing sample demonstrates the student’s learning and includes only two facts provided by the park staff. ***2 points*** the writing sample does not demonstrate much learning and only includes one fact provided by the park staff.***1 point*** the writing sample does not demonstrate any learning and does not include any facts provided by the park staff.
4. **National Park Service theme** - ***4 points*** the writing sample clearly demonstrates the student’s understanding of the role of the NPS in preserving the dunes by explaining why Indiana Dunes is such a unique treasure.***3 points*** the writing sample mentions the NPS and its role in preserving the Indiana Dunes. ***2 points*** the writing sample mentions the NPS and Indiana Dunes. ***1 point*** the writing sample does not mention anything about the NPS or its role at Indiana Dunes.
5. **Stewardship**- ***4 points*** the writing sample lists three things the student can do to assist in taking care of the Indiana Dunes. ***3 points*** the writing sample lists two things the student can do to assist in taking care of the Indiana Dunes. ***2 points*** the writing sample lists one thing the student can do to assist in taking care of the Indiana Dunes. ***1 point*** the writing sample does not list anything about what the student can do to take care of the Indiana Dunes.