

All programs are one hour in length and are presented by National Park Service Staff. These programs are free.

Important Notes:

Suggested clothing and equipment: walking shoes, sun screen, and bug spray.

*Due to extremes of summer heat and humidity, bringing a personal supply of water is recommended.**

**See additional hiking tips on the Trail Safety page.*

Unless indicated in the description, these programs are suitable for all ages. Children must be accompanied by an adult.

In case of inclement weather, programs will be cancelled. For program information call (845) 229-5320

Springwood Stroll: A Historic Site Grounds Walk

Explore some of the little-known locations on the estate where FDR was born, and experience the places that were special to him. *Walking will be on pavement, lawns, and level dirt roads.* Meet at the Henry A. Wallace Visitor and Education Center at the Home of Franklin D. Roosevelt National Historic Site.

FDR's Boyhood Fun

Play like Franklin Roosevelt did in the olden days of the 19th century. Learn to use a Jacob's ladder, a jump rope, or the hoop and stick. *Dress to be outside; long pants and sneakers are recommended.* Meet at the Henry A. Wallace Visitor and Education Center at the Home of Franklin D. Roosevelt National Historic Site. *Participant age is 4 and up, and for big kids of all ages!*

ER's Woodland Walk: Nature Study at Val-Kill

Explore nature at Val-Kill as you walk through the same woods that Eleanor Roosevelt explored every day. Learn how she wrote about her woodland adventures in her "My Day" newspaper columns, then create a nature guidebook with bark rubbings, leaf tracing, and animal track identifications. Meet at the Val-Kill Visitor Center and Bookstore.

Streamside Fun

Take an exploratory trip to the Maritje Kill creek for a fun and in-depth look at the ecosystem during this activity. *Additional suggested clothing: long pants, hiking shoes or boots, and a hat.* Meet at the Henry A. Wallace Visitor and Education Center at the Home of Franklin D. Roosevelt National Historic Site.

Programs of Special Interest – Celebrate 400 Years of History!

The National Park Service celebrates the 400th anniversary of Hendrick Hudson's discovery of the Hudson River by offering these special programs:

The Roosevelts and the River - Hike

FDR was proud of his connection to the Hudson River Valley. He loved to walk down to the river and the Roosevelt Cove. Embark on a hike along the same road that FDR enjoyed at Springwood. *Walking will be on rough dirt trails with downhill and uphill sections. Participant age is 7 and up.* Meet at the Henry A. Wallace Visitor and Education Center at the Home of Franklin D. Roosevelt National Historic Site.

The Hudson River, an American Highway- Hike

The river that Hendrick Hudson discovered it in 1609 would become a significant American waterway, bringing the world to the heartland of the United States. Take a leisurely hike along the Vanderbilt property, enjoy the Hudson River vistas and learn about this incredible link to our nation. *Walking will be on pavement and lawns.* Meet at the Vanderbilt Visitor Center.

Special Puppet Show: July 18, 2009, 5:30 PM at the Vanderbilt Mansion National Historic Site.

“Mutual Strangers: Henry Hudson & the River that Discovered Him”

This is a special performance by Arm of the Sea. This free event combines stunning visuals and live music to tell the story of Hudson's voyage of discovery!