Hampton

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Cooking on the Plantation:

The Origins of "Soul" and "Southern" Style Cuisine Sunday, February 3, 2013 at 2:30 p.m. - 3:30 p.m.





Have you ever wonder why it is difficult to distinguish "Southern" style cooking from "Soul Food"?

Michael Twitty brings out the hidden food history of African Americans, who were the real cooks and gardeners to the reknowned hosts and hostesses of the South. He points out that many African Americans can trace their family histories through many generations, and the food and seeds those families maintained were an important component.

Mr. Twitty is well known for his expertise in the history and heritage of enslaved Africans, African Americans and their foodways. Join us in the Orangery for an informative presentation that includes real food!

Call 410-823-1309 x251 or visit www.nps.gov/hamp

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