



Free Activities

Walks, Paddles, and Rides

Bike with a Ranger (2 to 3 hours, easy to moderate ride)
Experience the the natural and cultural heritage of the National Capital Region as you ride with a ranger on the Mount Vernon Trail. See the calendar for locations. Bicycles and helmets are required.

Birds of Dyke Marsh (2 hours, easy walk) 
Use your eyes and ears to find some of the 300 species of birds that call Dyke Marsh home. Walks are led by experienced birders from the Friends of Dyke Marsh. Meet in the south parking lot of the Belle Haven picnic area.

Island Safari (1 hour, easy walk) 
Join a ranger for a guided walk through some of Theodore Roosevelt Island's wild times – both human and natural. Meet at the footbridge, near the bike racks.

Hike with a Ranger (2 hours, moderate walk)
Enjoy crisp air, fall colors, and a splash of local history along the Potomac Heritage Trail. Meet at Fort Marcy. Bring enough water for a two hour hike over occasional rough terrain.

Paddle with a Ranger (3 hours, easy to moderate paddle)
Explore the Potomac from a new perspective, traveling the same “watery road” taken by American Indians and John Smith. See the calendar for locations. There is a \$3 launch fee at Belle Haven Marina. Bring your own boat, paddle, life jacket, noise making device (e.g whistle), and (for October 9) deck or stern light. Call 703-289-2553 to register for this program


Children's Programs

Reservations are required.

Learn to Ride (2 hours, easy ride)
Ride a bicycle without training wheels! A ranger will help you learn how to ride your bicycle in a safe, stress-free environment. Ages 5 and up. Call 703-289-2553 to register for this program.

Junior Ranger Camp (3 hours)
Earn a Junior Ranger badge while completing a series of hands-on activities that help you explore, learn about, and protect Fort Hunt's history from colonial farm to top secret World War II intelligence camp. First through fourth grades. Call 703-289-2553 to register for this program.

Holiday Program

Theodore Roosevelt's Birthday Party (3 hours) 
Celebrate the 153rd birthday of our 26th president with an afternoon of activities that would appeal to a young (or young at heart) “Teedie.” Drop in for birthday cake and other hands-on activities. Meet on the island in the memorial plaza.

Call 703-289-2553 or visit www.nps.gov/gwmp for more information.

October

Saturday	Sunday
1 Learn to Ride (9 am to 11 am)	2 Birds of Dyke Marsh (8 am to 10 am) Junior Ranger Camp (9 am to 12pm)
8 Island Safari (10 am to 11 am) Bike with a Ranger (2 pm to 4 pm at Riverside Park)	9 Birds of Dyke Marsh (8 am to 10 am) Paddle with a Ranger (4 pm to 7 pm at Belle Haven Marina)
15 Hike with a Ranger (9 am to 11 am)	16 Birds of Dyke Marsh (8 am to 10 am) Bike with a Ranger (9 am to 11 am at Theodore Roosevelt Island) Island Safari (2 pm to 3 pm)
22 Theodore Roosevelt's Birthday Party (1 pm to 4 pm)	23 Birds of Dyke Marsh (8 am to 10 am) Learn to Ride (2 pm to 4 pm)
29	30 Birds of Dyke Marsh (8 am to 10 am)

November

Saturday	Sunday
5 Learn to Ride (9 am to 11 am) (1 pm to 3 pm)	6 Birds of Dyke Marsh (8 am to 10 am)