



Bicycling



Grand Teton National Park and the John D. Rockefeller, Jr., Memorial Parkway contain more than 100 miles of paved roads and an eight-mile multi-use pathway providing spectacular views of the rugged Teton Range.

Rules and Regulations

- Bicyclists must obey all traffic signs and yield to motorized vehicles.
- Bicycles are allowed on paved and unpaved roads open to motorized vehicles, unless otherwise posted.
- On the road, between sunset and sunrise, bicycles must have a white light or reflector on front, and a red light or reflector on back.
- Bicycles are allowed on the multi-use pathway from dawn to dusk only.
- Bicycles are NOT allowed on trails or in backcountry areas.
- Riding bicycles two abreast on paved roads or on the pathway is prohibited.
- Notify other recreators before passing. Yield to slower users. Use personal audio devices with caution.
- Helmets and bright-colored clothes are recommended due to heavy traffic.
- Pets are not allowed on the multi-use pathway.

WARNING

Use extreme caution when cycling in the park. Some roads have paved, marked shoulders providing limited access for safe bicycling. Some roads have very narrow shoulders or lack them altogether. Narrow unpaved roads become extremely dusty during dry weather. Ride single file on the right side of the road and be alert for vehicles. Traffic is heavy during the summer, with daily peaks mid-morning to late afternoon. Road construction and repairs occur every year. Be prepared for delays and rough roads.

Weather and Wildlife



Spring: April-June

Days are cool and cloudy with rain showers and occasional snow.

Summer: July-August

Weather is generally good for bicycling with mid-day temperatures 70 – 80 degrees. Afternoon thunder showers may form quickly with heavy rain and dangerous lightning.

Fall: September-early October

Days are often clear and cool, but rain and snow showers frequently occur.

Wildlife

The multi-use pathway and roads pass through a variety of wildlife habitats. Users must be prepared for wildlife interactions. NEVER FEED, APPROACH OR HARASS WILDLIFE—especially large mammals such as bison, moose, elk, pronghorn or bears. Stay at least 300 feet from large animals. Maintain control of your speed and stay aware of your surroundings. Never leave food unattended including backpacks and bike panniers. Follow food storage regulations. Travel in groups if possible. Carry and know how to use bear spray.

Recommended Bicycling Routes

MOUNTAIN BIKING

Two Ocean Lake Road

Three miles of dirt road lead from Pacific Creek Road to Two Ocean Lake for a scenic ride over rolling terrain.

River Road

A 15-mile gravel road parallels the west side of the Snake River between Signal Mountain and Cottonwood Creek. Watch for wildlife such as bison. Unless you shuttle a car from one end to the other, you will have to ride back on the Teton Park Road.

Grassy Lake Road

Travel an old American Indian route through the John D. Rockefeller, Jr. Memorial Parkway. Ride all or part of the 52-mile dirt road from Flagg Ranch to Ashton, ID.

ROAD BIKING

Multi-use Pathway

Paved path parallels the Teton Park Road from Dornan's to South Jenny Lake. Open to all

non-motorized users from dawn to dusk. The pathway is not plowed.

Teton Park Road

Scenic paved road from Moose to Jackson Lake Junction. The one-way, southbound 3-mile Jenny Lake Scenic Drive with a striped fog line provides spectacular views of the tallest Teton peaks. Access this section from North Jenny Lake.

Antelope Flats – Kelly Area

Secondary paved roads wind through sagebrush flats with spectacular views of the Teton Range.

INFORMATION

Obtain information about bicycling from the Craig Thomas Discovery, Jenny Lake or Colter Bay visitor centers. A recorded message provides information about the park's weather, activities and facilities at any time. Call (307)739-3611.

Bicycles can be rented at Dornan's in Moose. Bicycle rentals are available at various bike shops in the nearby towns of Jackson and Teton Village.

