



# Appalachian Trail Governing Regulations



More than 25 miles of the Appalachian Trail in Pennsylvania and New Jersey are within Delaware Water Gap National Recreation Area. Entering the recreation area northbound at Totts Gap PA, the trail travels northward over Mt. Minsi, to the village of Delaware Water Gap PA, and crosses the Delaware River on a walkway alongside Interstate 80. The trail descends from the highway, passes Kittatinny Point and the National Park Service Visitor Center, crosses under the highway, and then enters Worthington State Forest at Dunnfield

parking area. The AT then climbs Kittatinny Ridge, and runs 6 miles through the state forest. The trail then exits the state forest, and, still within the national recreation area, continues 15 miles more, finally exiting the recreation area at Stokes State Forest in New Jersey.

Recreation area boundaries are marked by white metal markers with green lettering. The Appalachian Trail is marked with white blazes. Side trails to water, scenic viewpoints, or shelters are marked in blue blazes

## Hiking

If the Mt. Minsi cliff areas are posted as closed due to bird nesting, you may hike through on the AT, but may not hike off the AT.

- Hikers should carry sufficient water for the entire hike. Water along the trail may not be suitable for consumption.
- All water should be chemically treated or boiled for 5 minutes.
- All human waste must be buried at least 6 inches deep and 100 feet or more from any stream, trail, unpaved road, or park facility.
- Carry out all trash.
- Pets must be on a 6-foot leash at all times.
- Horseback riding and bicycle riding are prohibited on the trail within the recreation area.
- All types of motorized vehicles are prohibited on the trail, except authorized emergency vehicles.
- Cutting, defacing, or removing any natural feature is prohibited.

## Camping

See map on reverse for **campsite locations.**

- Camping is restricted to thru-hikers who are hiking for two or more consecutive days.
  - Camping is limited to one night per campsite.
  - Camping is limited to ten persons per campsite.
  - Hikers must camp within 100 feet of the trail.
  - Self-contained stoves are permitted; ground fires, charcoal stoves and grills are prohibited.
- Hikers MAY NOT CAMP:**
- Within 100 feet of any stream or water source
  - Within 1/2-mile of an established roadway
  - Within 200 feet of another camping party
  - From 1/2-mile south of Blue Mountain Lake Road to a point 1 mile north of Crater Lake

## Shelters

Mohican Outdoor Center (*below*) offers camping at *mile 14.5* within the recreation area. There are no trail shelters within the recreation area. The nearest

shelters are Kirkridge Shelter PA, 6.4 miles south of the Interstate 80 bridge, and Brink Road Shelter NJ, 2.4 miles north of the summit of Rattlesnake Mt. NJ.

## Information Sources



Your 24-hour toll-free phone number for reporting crimes or emergencies in Delaware Water Gap National Recreation Area  
**1-800-543-4295**  
**1-800-543-Hawk**

**Delaware Water Gap National Recreation Area**  
HQ - River Road off Route 209  
Bushkill PA 18324-9999  
(570) 426-2452  
[www.nps.gov/dewa](http://www.nps.gov/dewa)

**Worthington State Forest**  
Old Mine Road, HC 62 Box 2  
Columbia NJ 07832  
(908) 841-9575  
[www.state.nj.us/dep/forestry/parks/parksandforests/](http://www.state.nj.us/dep/forestry/parks/parksandforests/)

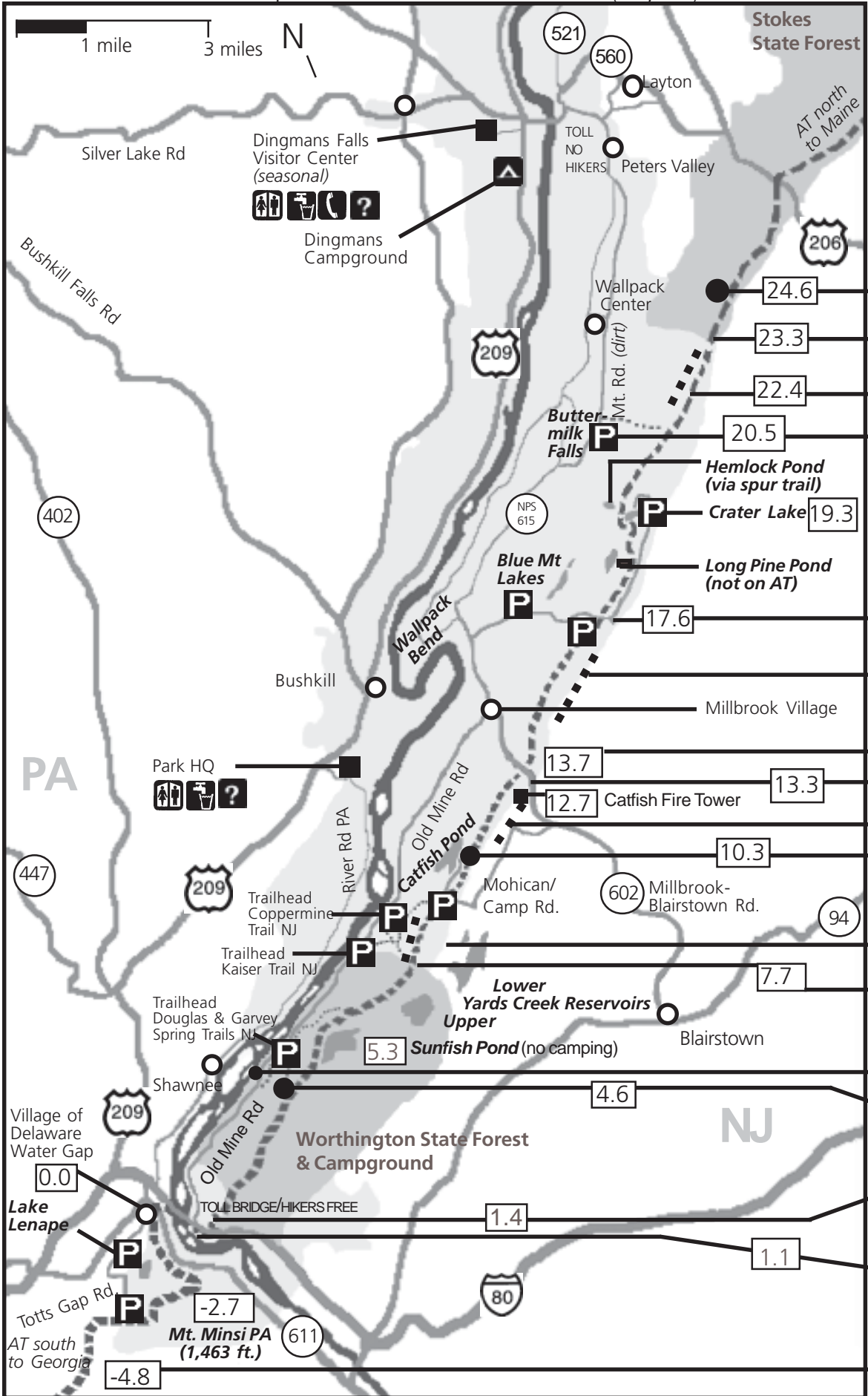
**Stokes State Forest (Brink Road Shelter)**  
1 Coursen Road  
Branchville NJ 07826  
(973) 948-3820  
[www.state.nj.us/dep/forestry/parks/parkandforests/](http://www.state.nj.us/dep/forestry/parks/parkandforests/)

**Appalachian National Scenic Trail**  
(also central office of Appalachian Trail Conference)  
799 Washington Street P.O. Box 807  
Harpers Ferry WV 25425-0807  
(304) 535-6278  
[www.nps.gov/appa](http://www.nps.gov/appa)

**Appalachian Mountain Club (AMC) at Mohican Outdoor Center**  
50 Camp Road  
Blairtown NJ 07825  
(908) 362-5670  
[www.outdoors.org](http://www.outdoors.org) (AMC)

**Appalachian Trail Conservancy**  
**Mid-Atlantic Regional Trail Conference**  
4 East First Street, P.O.Box 381  
Boiling Springs PA 17007  
(717) 258-5771  
[www.appalachiantrail.org](http://www.appalachiantrail.org)

# AT Campsites & Access Points in Delaware Water Gap National Recreation Area (PA, NJ)



## AT CAMPSITES (see regulations)

- ■ ■ Appalachian Trail
- - - Spur trails
- Camping allowed in accordance with regulations
- 9.9 Miles northbound in NJ from village of Delaware Water Gap
- 2.2 Miles southbound in PA from village of Delaware Water Gap

### Brink Shelter in Stokes SF 900' west of AT at Brink Rd.

Northbound: leave Delaware Water Gap NRA; enter Stokes State Forest

### Backpacker Campsites Rattlesnake Mt. NJ (1,500 ft.) Spur Trail to Buttermilk Falls (1.5 miles from AT to falls)

Rt 627 W from Stillwater NJ  
DEAD ENDS at park boundary.  
Vehicles reach AT through the park and from the west via Blue Mt Lakes Rd (paved) & continue to Crater Lake on a dirt road.

### Blue Mt. Lakes Rd. P

(water pump)

### Backpacker Campsites

### Rt. 602 (Millbrook-Blairstown) P

### Rattlesnake Spring (AT)

### Backpacker Campsites

### Mohican Outdoor Ctr. AMC (1/4 mile from AT on Camp

Icons: P, Toilet, Phone, Question mark, STORE

### Backpacker Campsites

### Raccoon Ridge/Mt. Mohican (1,500 ft.) Northbound: leave Worthington State Forest

### Worthington Campground (Douglas Trail from AT)

Icons: P, Toilet, Phone, Question mark

### Backpacker Campsite #2 on AT at Douglas Trail (camping in WSF allowed only at Site #2)

### Dunnfield Trailhead (on AT) Northbound: enter Worthington State Forest (water pump)

Icons: P, Toilet, Water pump

### Cross I-80 bridge into NJ Kittatinny Pt Visitor Ctr. NJ Delaware Water Gap NRA on AT (seasonal)

Icons: P, Toilet, Phone, Question mark

Northbound: enter Delaware Water Gap NRA at Totts Gap, 2.1 miles south of Mt. Minsi PA