



Appalachian Trail Governing Regulations



More than 25 miles of the Appalachian Trail in Pennsylvania and New Jersey are within Delaware Water Gap National Recreation Area. Entering the recreation area northbound at Totts Gap PA, the trail travels northward over Mt. Minsi, to the village of Delaware Water Gap PA, and crosses the Delaware River on a walkway alongside Interstate 80. The trail descends from the highway, passes Kittatinny Point and the National Park Service Visitor Center, crosses under the highway, and then enters Worthington State Forest at Dunnfield parking area.

The AT then climbs Kittatinny Ridge, and runs 6 miles through the state forest. The trail then exits the state forest, and, still within the national recreation area, continues 15 miles more, finally exiting the recreation area at Stokes State Forest in New Jersey.

Recreation area boundaries are marked by white metal markers with green lettering. The Appalachian Trail is marked with white blazes. Side trails to water, scenic viewpoints, or shelters are marked in blue blazes

Hiking

If the Mt. Minsi cliff areas are posted as closed due to bird nesting, you may hike through on the AT, but may not hike off the AT.

- Hikers should carry sufficient water for the entire hike. Water along the trail may not be suitable for consumption.
- All water should be chemically treated or boiled for 5 minutes.
- All human waste must be buried at least 6 inches deep and 100 feet or more from any stream, trail, unpaved road, or park facility.

- Carry out all trash.
- Pets must be on a 6-foot leash at all times.
- Horseback riding and bicycle riding are prohibited on the trail within the recreation area.
- All types of motorized vehicles are prohibited on the trail, except authorized emergency vehicles.
- Cutting, defacing, or removing any natural feature is prohibited.

Camping

See map on reverse for campsite locations.

- Camping is restricted to thru-hikers who are hiking for two or more consecutive days.
- Camping is limited to one night per campsite.
- Camping is limited to ten persons per campsite.
- Hikers must camp within 100 feet of the trail.
- Self-contained stoves are permitted; ground fires, charcoal stoves and grills are prohibited.

Hikers MAY NOT CAMP:

- Within 100 feet of any stream or water source
- Within 1/2-mile of an established roadway
- Within 200 feet of another camping party
- From 1/2-mile south of Blue Mountain Lake Road to a point 1 mile north of Crater Lake

Shelters

Mohican Outdoor Center (*below*) offers camping at mile 14.5 within the recreation area. There are no trail shelters within the recreation area. The nearest

shelters are Kirkridge Shelter PA, 6.4 miles south of the Interstate 80 bridge, and Brink Road Shelter NJ, 2.4 miles north of the summit of Rattlesnake Mt. NJ.

Information Sources



Your 24-hour toll-free phone number for reporting crimes or emergencies in Delaware Water Gap National Recreation Area
1-800-543-4295
1-800-543-Hawk

Delaware Water Gap National Recreation Area
 HQ - River Road off Route 209
 Bushkill PA 18324-9999
 (570) 426-2452
www.nps.gov/dewa

Appalachian National Scenic Trail
 (also central office of Appalachian Trail Conference)
 799 Washington Street P.O. Box 807
 Harpers Ferry WV 25425-0807
 (304) 535-6331
www.nps.gov/appa

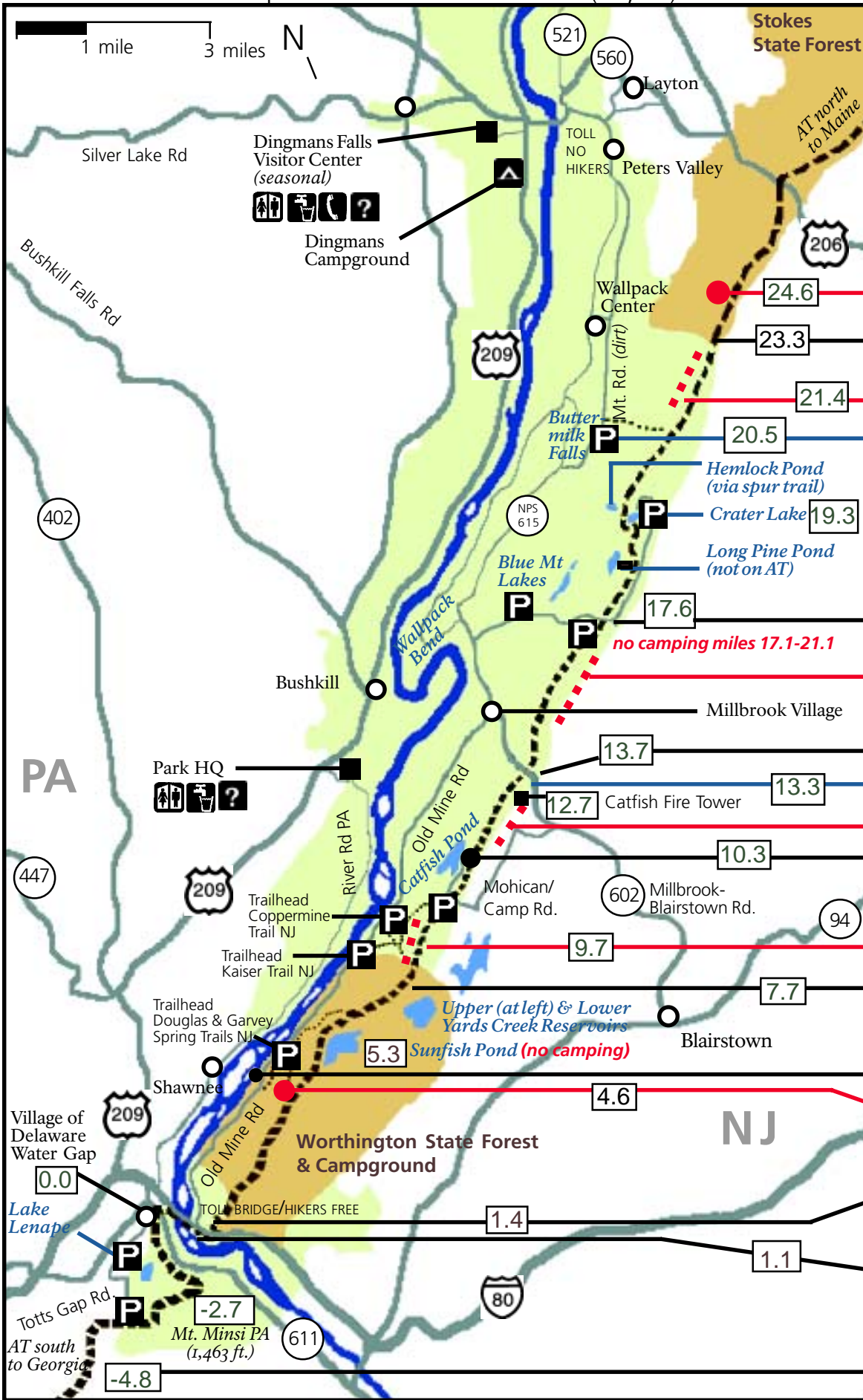
Appalachian Trail Conservancy
Mid-Atlantic Regional Trail Conference
 4 East First Street, P.O. Box 381
 Boiling Springs PA 17007
 (717) 258-5771
www.appalachiantrail.org

Appalachian Mountain Club (AMC) at
Mohican Outdoor Center
 50 Camp Road
 Blairtown NJ 07825
 (908) 362-5670
www.mohicanoutdoorcenter.com

Worthington State Forest
 Old Mine Road, HC 62 Box 2
 Columbia NJ 07832
 (908) 841-9575
www.state.nj.us/dep/forestry/parks/parksandforests/worthington.html

Stokes State Forest (Brink Road Shelter)
 1 Coursen Road
 Branchville NJ 07826
 (973) 948-3820
www.state.nj.us/dep/forestry/parks/parkandforests/stokes.html

AT Campsites & Access Points in Delaware Water Gap National Recreation Area (PA, NJ)



AT CAMPSITES (see regulations)

- ■ ■ Appalachian Trail
- — — Spur trails
- ■ ■ ■ Camping allowed in accordance with regulations
- Camping allowed in accordance with regulations
- 9.9 Miles northbound in NJ from village of Delaware Water Gap PA
- 2.2 Miles southbound in PA from village of Delaware Water Gap PA

Brink Shelter in Stokes SF 900' west of AT at Brink Rd.

Northbound: leave Delaware Water Gap NRA; enter Stokes State Forest

Backpacker Campsites
Rattlesnake Mt. NJ (1,500 ft.)
Spur Trail to Buttermilk Falls (1.5 miles from AT to falls)

Rt 627 west from Stillwater NJ DEAD ENDS at park boundary. Vehicles reach AT through the park and from the west via Blue Mt Lakes Rd (paved) and continue to Crater Lake on a dirt road.

Blue Mt. Lakes Rd. P ♿ (water pump)

Backpacker Campsites miles 14.2-17.1 (see signs)

Rt. 602 (Millbrook-Blairstown) P

Rattlesnake Spring (near AT)

Backpacker Campsites miles 10.8-12.2 (see signs)

Mohican Outdoor Ctr. AMC
(1/4 mile from AT on Camp Rd.)

♿ P ♿ ♿ ♿ ♿ STORE

Backpacker Campsites

Raccoon Ridge/Mt. Mohican (1,500 ft.) At 7.9 northbound: leave Worthington State Forest

Worthington Campground
(Douglas Trail from AT)

♿ P ♿ ♿ ♿ ♿

Backpacker Campsite #2 on AT at Douglas Trail (camping in WSF allowed only at Site #2)

Dunfield Trailhead (on AT)
Northbound: enter Worthington State Forest NJ
(water pump) ♿ P ♿

Cross I-80 bridge into NJ
Kittatinny Pt Visitor Ctr. NJ Delaware Water Gap NRA
on AT
(seasonal) ♿ P ♿ ♿ ♿

Northbound: enter Delaware Water Gap NRA at Totts Gap, 2.1 miles south of Mt. Minsi PA