

# Road Bike Touring

Delaware Water Gap  
National Recreation Area  
National Park Service  
New Jersey/Pennsylvania



## ADVISORIES

- \* Biking is permitted only on ungated roads which are open to vehicle traffic.
- \* Old Mine Road from Flatbrookville to Pompey Ridge Road is closed until repaired.
- \* Routes 206, 560 and 615 in New Jersey are shown on the map to indicate automobile access to parking areas within the recreation area. Bicycling is not recommended on these routes.

## ROAD BIKES

**New Jersey:** Old Mine Road in New Jersey, is a moderately hilly and scenic touring route for road bikes. Paved sections of Old Mine Road, combined with Route NPS 615, provide a straight-through paved touring route of more nearly 20 miles.

From Douglas Parking area at the north end of Worthington State Forest Campground to Millbrook Village is 7.5 miles with a slow steady climb and a few hills. From Millbrook Village to Flat Brook Bridge is 2 miles with a steep ascent and descent. From Flat Brook Bridge to Walpack Center along Route NPS 615 is 6.5 miles, with rolling hills and a very sharp curve between mileposts 1 & 2. From Walpack Center to Peters Valley along Route NPS 615 is 3.5 miles with fairly flat terrain.

## MOUNTAIN BIKES

**New Jersey:** Unpaved roads, including a section of the original road bed of Old Mine Road, parallel the paved route and can form loop tours with the paved roads.

**Pennsylvania:** McDade Trail offers up to 5 miles of pulverized stone biking/hiking trail free from intersections with any roads. This trail is most suitable for mountain bikes and hybrid bikes.

Due to heavy traffic, bicycling is **not** recommended on Route 209, Route 739, or River Road in Pennsylvania.

