



# Road Bike Touring

## ADVISORIES

- Aside from McDade Trail in Pennsylvania, biking is permitted **ONLY** on ungated roads which are open to vehicle traffic.
- Routes 206, 560 and 615 in New Jersey are shown on the map to indicate automobile access to parking areas within the recreation area. Bicycling is **not** recommended on these routes.

## ROAD BIKES

**New Jersey:** Old Mine Road in New Jersey, is a moderately hilly scenic touring route for road bikes. Paved sections of Old Mine Road, combined with Route NPS 615, provide a straight-through paved touring route of more nearly 20 miles.

From Douglas Parking area at the north end of Worthington State Forest Campground to Millbrook Village is 7.5 miles with a slow steady climb and a few hills. From Millbrook Village to Flat Brook Bridge is 2 miles with a steep ascent and descent. From Flat Brook Bridge to Walpack Center along Route NPS 615 is 6.5 miles, with rolling hills and a very sharp curve between mileposts 1 & 2. From Walpack Center to Peters Valley along Route NPS 615 is 3.5 miles with fairly flat terrain.

## MOUNTAIN BIKES

**New Jersey:** Unpaved roads, including a section of the original road bed of Old Mine Road, parallel the paved route and can form loop tours with the paved roads.

**Pennsylvania:** McDade Trail offers up to 5 miles of pulverized stone biking/hiking trail free from intersections with any roads. This trail is most suitable for mountain bikes and hybrid bikes. Due to heavy traffic, bicycling is **not** recommended on Route 209, Route 739, or River Road in Pennsylvania.

To Milford PA 1 mile (stores & services)  
 Rt. 206 Bridge TOLL WESTBOUND (walkway on north side for bikes)  
 Old Mine Rd./Rt. 521 to Port Jervis NY

Namanock Recreation Site (picnic benches, river view)

Dingmans Bridge TOLL (bikes allowed)  
 To Rt. 739 & Rt. 209 PA

Layton NJ (food store)

Ennis Rd.

Kuhn Rd.

Thunder Mt. Access Rd.

Mountain Rd.

To Rt. 519, Rt. 94 & Rt. 15 to Interstate 80 at Exit 34

Van Campen Inn (1700s) open summer Sundays

Walpack Center (no stores)

Pompey Ridge Rd.

Buttermilk Falls

Haneys Mill Bridge

1-800-543-4295

Your 24-hour toll-free phone number for reporting crimes or **emergencies** in Delaware Water Gap National Recreation Area

Flatbrookville (no stores)

Flat Brook Bridge

View over Walpack Bend (country store with refreshments open occasionally on weekends)

Upper Glen Parking

Millbrook Village (open summer weekends) (water, restrooms, picnic benches)

Watergate Recreation Site (fee) (restrooms, picnic benches)

Van Campens Glen (picnic benches)

To Blairstown NJ (stores & services) & Rt. 94 to Interstate 80 at Exit 4

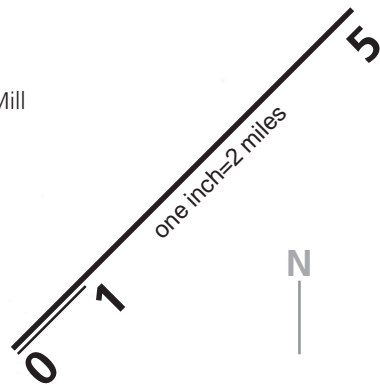
Poxono Launch

Coppermine Hiking Area

Old Mine Rd. (paved)

From Coppermine to Douglas Parking (Worthington State Forest) along Old Mine Rd. about 2 miles  
 From Douglas Parking to Interstate 80 at Exit 1 about 6 miles (not recommended for biking)

- ■ paved road for access by car, **not recommended for biking**
- paved road
- ■ unpaved road
- free parking area
- other site



NJ