



Hiking and Backpacking the Appalachian Trail (AT)



More than 25 miles of the Appalachian Trail (AT) run through New Jersey and Pennsylvania within Delaware Water Gap National Recreation Area and Worthington State Forest. Recreation area boundaries are marked by white metal markers with green lettering. The AT is marked with white blazes. Side trails to water, scenic viewpoints, or shelters are marked in blue blazes

Hiking Regulations

- Hikers should carry sufficient water for the entire hike. Water along the trail may not be suitable for consumption. All water should be chemically treated or boiled for 5 minutes.
- All human waste must be buried at least 6 inches deep and 100 feet or more from any stream, trail, unpaved road, or park facility.
- Carry out all trash.
- Pets must be on a 6-foot leash at all times.
- Horseback riding, biking, and all types of motorized vehicles (except authorized vehicles) are prohibited on the trail within the recreation area.
- Cutting, defacing, or removing any natural feature is prohibited.

Camping Regulations

- Camping is restricted to through-hikers who are hiking for two or more consecutive days.
 - Camping is limited to one night per campsite.
 - Camping is limited to ten persons per campsite.
 - Self-contained stoves are permitted; ground fires, charcoal stoves and grills are prohibited.
- Hikers may not camp:
- Within 100 feet of any stream or water source;
 - Within 0.5 mile of an established roadway;
 - Within 200 feet of another camping party; or
 - From 0.5 mile south of Blue Mountain Lake Rd. to a point 1 mile north of Crater Lake

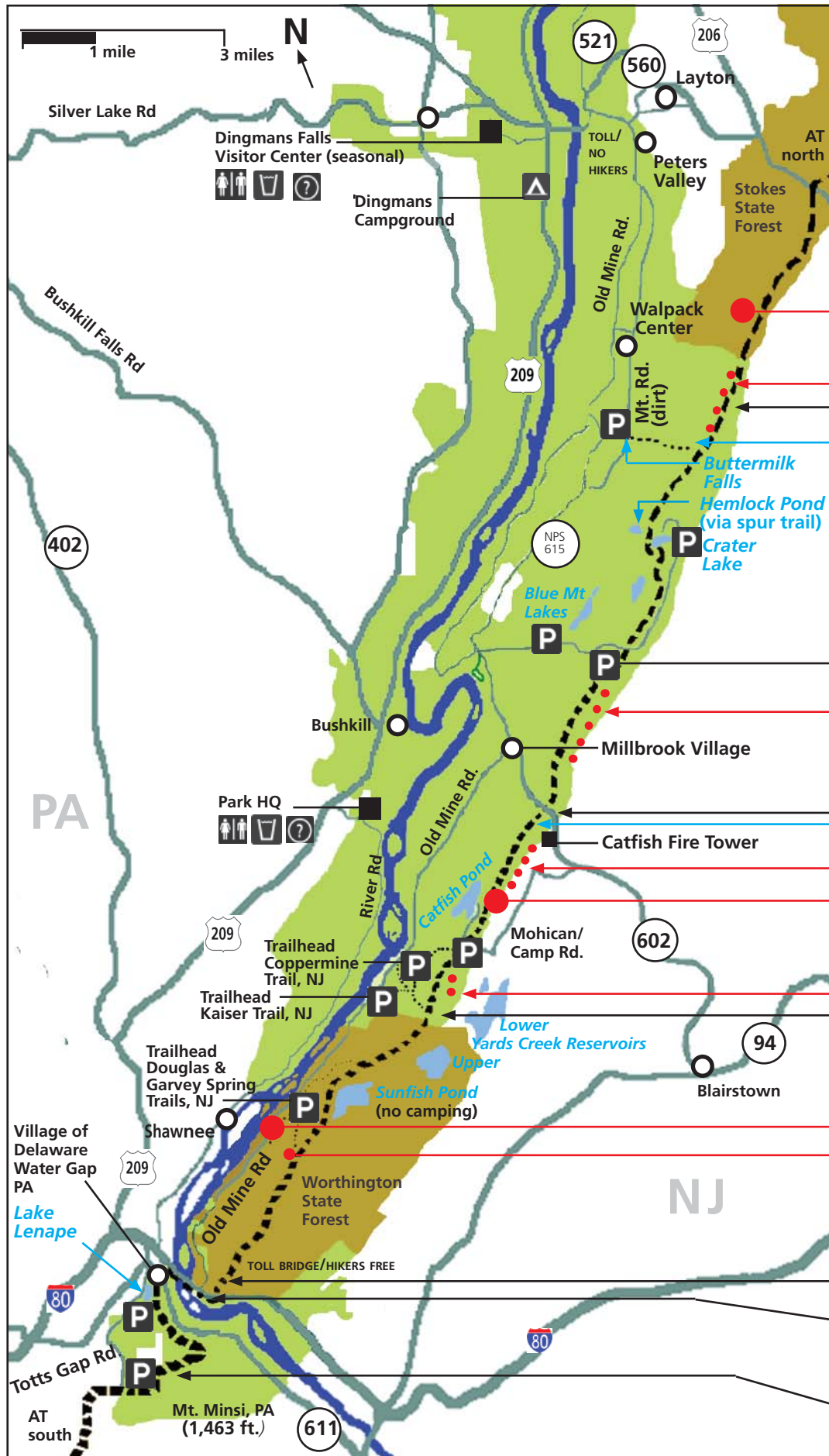
Shelters

There are no trail shelters within the recreation area. The nearest shelters are Kirkridge Shelter, PA, 6.4 miles south of the Interstate 80 bridge, and Brink Road Shelter, NJ, 2.4 miles north of the summit of Rattlesnake Mt., NJ. Mohican Outdoor Center offers camping at NJ mile 10.3, and Worthington State Forest can be reached by Douglas Trail at NJ mile 4.6.

Information Sources

Delaware Water Gap National Recreation Area River Road off Route 209 Bushkill, PA 18324 570 426-2451 www.nps.gov/dewa	Mohican Outdoor Center, Appalachian Mt. Club, 50 Camp Road Blairstown, NJ 07825 908 362-5670 www.outdoors.org
Worthington State Forest Old Mine Road, HC 62 Box 2 Columbia, NJ 07832 908 841-9575 www.state.nj.us/dep/forestry/parks/parkandforests	Appalachian Trail Conservancy Mid-Atlantic Regional Trail Conference 4 East First Street, P.O.Box 381 Boiling Springs, PA 17007 717 258-5771 www.appalachiantrail.org
Stokes State Forest (Brink Road Shelter) 1 Coursen Road Branchville, NJ 07826 973 948-3820 www.state.nj.us/dep/forestry/parks/parkandforests	Appalachian National Scenic Trail (Central ATC) 799 Washington Street P.O. Box 807 Harpers Ferry, WV 25425-0807 304 535-6278 www.nps.gov/appa

AT Campsites & Access Points in Delaware Water Gap National Recreation Area



See camping regulations on reverse

24.6 Brink Road Shelter in Stokes State Forest 900' west of AT at Brink Rd.

22.4 Backpacker Campsites
Rattlesnake Mountain, NJ (1,500 ft.)

20.5 Spur Trail to Buttermilk Falls Trailhead (1.5 miles from AT to falls)

19.3 Rt 627 W from Stillwater, NJ dead-ends at park boundary. Vehicles reach AT from the west via Blue Mt. Lakes Rd. (paved) and Skyline Drive (dirt) to Crater Lake Trailhead.

17.6 Blue Mt. Lakes Road (water pump) **P** **W**

Backpacker Campsites

13.7 Rt. 602 Millbrook-Blairstown Rd. **P**
13.3 Rattlesnake Spring (near AT)

Backpacker Campsites
10.3 Mohican Outdoor Center AMC (1/4 mile from AT on Camp Road)
P **W** **A** **I** **?** STORE

Backpacker Campsites
7.7 Mt. Mohican/Raccoon Ridge (1,500 ft.)
5.3 Sunfish Pond (no camping)

Worthington State Forest Campground (via Douglas Trail from AT)
P **W** **A** **I** **?**

4.6 Backpacker Campsite #2 on AT at Douglas Trail (camping in Worthington State Forest allowed *only* at Backpacker Campsite #2)

Dunnfield Trailhead (water pump)
P **W**

1.1 Cross I-80 bridge to Kittatinny Point Visitor Center, NJ (seasonal)
P **W** **I** **?**

-2.7 Summit of Mt. Minsi, PA. If cliff area is posted as closed due to bird nesting, hikers may use the AT, but may not hike off the AT.

	Appalachian Trail	9.9 Miles northbound in NJ from village of Delaware Water Gap, PA (mile 0.0)		Restrooms	EMERGENCIES: 1-800-543-4295 24-hour toll-free number for reporting crimes or emergencies in Delaware Water Gap National Recreation Area
	Spur trails	-2.2 Miles southbound in PA from village of Delaware Water Gap, PA (mile 0.0)		Parking	
	Backpack camping allowed according to regulations			Potable water	
	Camping facilities			Camping facilities	
				Information	