

Acadia National Park

National Park Service
U.S. Department of the Interior



Ranger-led Programs October 1-15, 2011



Bubble Pond

Acadia National Park
P.O. Box 177, Bar Harbor, ME 04609

Information (207) 288-3338
TTY (207) 288-8800
Lost & Found (207) 288-8791
acadia_information@nps.gov
www.nps.gov/acad

Emergency—Call 911

Safety Tips

Be careful out there—protect yourself and the park! Most accidents at Acadia occur while visitors are biking, hiking, exploring the shoreline, and driving. Keep these tips in mind to help ensure a safe visit to the park.

Watch your step and wear sturdy shoes. Carry a map, first aid kit, flashlight, water, and appropriate weather gear on all trips, long or short. Tell someone where you're going and when you'll return.

Yield to pedestrians and horses. Watch for loose gravel on road curves and hills.

Stay away from cliff edges. Watch for wet rocks and loose gravel near cliff edges and shorelines.

Drive safely, wear seat belts, and don't drink and drive. The speed limit is 35 mph in Acadia, unless otherwise posted.

Please do not bring pets on ranger-led programs. When in Acadia, all pets must be on a leash no longer than six feet for the protection of your pet, people, and wildlife.

When tidepooling, remember to keep three points of contact with the ground, watch for waves and where you walk—it's slippery by the sea!

Let's Move Outside! Watch for this symbol for active programs in Acadia, encouraging kids and families to enjoy the great outdoors, be active, and stay healthy in our national parks. For more information visit: www.letsmove.gov/letsmoveoutside.php

Celebrate!250 Watch for this symbol for Celebrate!250-related Acadia activities to learn about Mount Desert Island's first permanent settlement!

October 1-15, 2011 Tide Chart

Date	High Tide		Low Tide	
	AM	PM	AM	PM
Oct 1 Sat	1:56	2:14	8:01	8:41
2 Sun	2:53	3:12	8:58	9:41
3 Mon	3:54	4:14	10:00	10:45
4 Tue	4:59	5:20	11:06	11:50
5 Wed	6:06	6:28	--	12:14
6 Thur	7:10	7:32	12:55	1:19
7 Fri	8:09	8:30	1:54	2:18
8 Sat	9:00	9:21	2:48	3:11
9 Sun	9:45	10:07	3:35	3:58
10 Mon	10:26	10:48	4:17	4:40
11 Tue	11:03	11:26	4:55	5:19
12 Wed	11:37	--	5:31	5:55
13 Thur	12:02	12:11	6:05	6:30
14 Fri	12:37	12:44	6:38	7:05
15 Sat	1:13	1:19	7:13	7:42

October 1-15, 2011 Sunrise/Sunset Chart

Date	Sunrise	Sunset	Moon
Oct 1 Sat	6:29	6:15	
3 Mon	6:32	6:12	Quarter
7 Fri	6:37	6:04	
11 Tue	6:41	5:57	Full
15 Sat	6:46	5:50	

Data courtesy of the National Oceanic and Atmospheric Administration's national ocean service. Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.

Go Green—Bus Trips Watch for this symbol for access to programs via the fare-free Island Explorer shuttle bus. The bus is free, but a park pass is required.

Accessibility Watch for this symbol for accessible interpretive programs. Assistive listening devices (ALDs) are available for use by visitors with limited hearing. For reservations of ALDs, call (207) 288-8832.



Boat Cruises

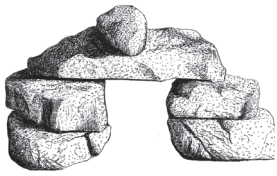
Rangers interpret the park from three of the many commercial boats in the area. Make reservations with boat operators. Wear warm clothing and arrive 30 minutes before departure. Ask boat operators about accessibility and details about other cruises they may offer. Enjoy a car-free day—take the bus to the dock!

Dive-In Theater Boat Cruise (3 hours) Cruise with a park ranger through Frenchman Bay in search of seals, porpoises, and coastal bird life. Watch real-time video as a diver scours the ocean floor for marine life to bring aboard the boat for hands-on exploration. Departs: College of the Atlantic Dock. Fee: \$45 adults, \$40 seniors, \$35 ages 5-11, \$20 ages under 5. For reservations on the Starfish Enterprise call (800) 979-3370 or international call (212) 209-3370.

Frenchman Bay Cruise (2 hours) Climb aboard a majestic 151-foot, four-masted schooner and sail away in search of wildlife and history. Departs: Bar Harbor Inn Pier. Fee: \$37.50 adults, \$35 seniors, \$27.50 ages 6-11, \$5 ages 2-5, infants free. Group rates for 15+ people. For reservations on the Margaret Todd call (207) 288-4585.

Islesford Scenic and Historic Cruise C!250 (2.5 hours) Discover the enduring connections between people and the sea. Watch for wildlife as you cruise to Little Cranberry Island for a stop at the Islesford Historical Museum, then explore the scenic fjord of Somes Sound. Departs: Municipal Pier, Northeast Harbor. Fee: \$28 adults, \$26 seniors, \$18 ages 5-11, \$7 ages under 5, infants free. For reservations on the Sea Princess call (207) 276-5352.





Walks, Talks, & Hikes

Acadia's Birds (3 hours; easy walk and drive) Reservations required. Join a birding caravan to find, identify, and discuss some of Acadia's most fascinating migrants and residents. Bring binoculars and ask about accessibility. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

Autumn Ramble (1.5 hours; easy 1-mile walk) Fall is a time of preparation. Discover what is happening to the forest and its inhabitants during this season of change. Sieur de Monts Nature Center—Intersection of Route 3 and Park Loop Road, south of Bar Harbor.



Beavers' World (1-2 hours, easy walk) Reservations required. Join us at dusk to learn about and look for these amazing animal architects. Ask about accessibility. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

Beech Mountain Hike (3 hours; moderate to strenuous 4-mile hike) Uncover the wilds of the island's west side while hiking through lush forests and steep, rocky outcrops. Beech Mountain parking area—southern end of Beech Hill Road, off Route 102.

Cadillac Summit Talk (30 minutes; talk) Enjoy views from atop the highest point on the eastern seaboard and gain a new perspective on Acadia's beauty. Cadillac Summit parking area—top of Cadillac Mountain.

Carriage Road Walk **C!250** (2 hours; easy 1.5-mile walk) Follow tree-lined carriage roads to beautiful stone bridges and explore the stories behind John D. Rockefeller, Jr.'s gift to Acadia. Parkman Mountain parking area—Route 3/198, north of Northeast Harbor.

Focus on Acadia (3 hours; easy walk and drive) Reservations required. Bring your camera—digital or film—and take away valuable tips and techniques that will improve your ability to capture Acadia's unique beauty. May include motor travel to various points in the park. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

Hawk Watch (Drop in anytime, 9-2 daily; talk) Weather permitting, join rangers and volunteers at the perfect vantage point to learn about raptor migration. Assist in counting and identifying birds of prey as they fly by. Cadillac North Ridge Trail—200 easy yards from the Cadillac Summit parking area.

Headland Hike (3 hours; moderate, rocky 2-mile hike) Learn how to read the geologic and cultural story of Acadia's past, written within the park's dramatic landscape. Sand Beach parking area—Park Loop Road, south of Entrance Station.

Ocean Path Walk (2 hours; easy to moderate 2-mile walk) Discover stories of history and nature along this strikingly scenic trail. Gorham Mountain parking area—Park Loop Road south of Thunder Hole.

Secrets of the Summit **C!250** (30 minutes; easy walk) Explore and discover fascinating stories about the park's highest peak. Cadillac South Ridge trailhead—near Cadillac Mountain Summit Center.

Daily Schedule: October 1-15

Oct. 1—Saturday

AM-9-2 Hawk Watch
10 Frenchman Bay Cruise
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
2:30 Ocean Path Walk
PM- 3 Autumn Ramble

Oct. 2—Sunday

7 Acadia's Birds
9-2 Hawk Watch
10 Islesford Scenic Cruise
1:30 Beech Mountain Hike
1:30 Ocean Path Walk
Varies Beavers' World

Oct. 3—Monday

9-2 Hawk Watch
9:30 Headland Hike
10 Frenchman Bay Cruise
2:30 Ocean Path Walk
3 Secrets of the Summit

Oct. 4—Tuesday

9-2 Hawk Watch
9:30 Carriage Road Walk
1:30 Beech Mountain Hike
1:30 Dive-In Theater Cruise
2:30 Cadillac Summit Talk
3:30 Secrets of the Summit
Varies Beavers' World

Oct. 5—Wednesday

7 Acadia's Birds
9-2 Hawk Watch
9:30 Headland Hike
10 Islesford Scenic Cruise
1:30 Cadillac Summit Talk
2:30 Ocean Path Walk
2:30 Secrets of the Summit
3 Autumn Ramble

Oct. 6—Thursday

9-2 Hawk Watch
9:30 Carriage Road Walk
10 Frenchman Bay Cruise
10 Islesford Scenic Cruise
1:30 Beech Mountain Hike
1:30 Dive-In Theater Cruise
2:30 Ocean Path Walk

Oct. 7—Friday

8 Focus on Acadia
9-2 Hawk Watch
9:30 Headland Hike
1:30 Cadillac Summit Talk
2:30 Ocean Path Walk
2:30 Secrets of the Summit

Oct. 8—Saturday

9-2 Hawk Watch
10 Frenchman Bay Cruise
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
2:30 Ocean Path Walk
3 Autumn Ramble

Oct. 9—Sunday

7 Acadia's Birds
9-2 Hawk Watch
10 Islesford Scenic Cruise
1:30 Beech Mountain Hike
1:30 Ocean Path Walk
Varies Beavers' World

Oct. 10—Monday

9:30 Carriage Road Walk
9-2 Hawk Watch
10 Frenchman Bay Cruise
10 Islesford Scenic Cruise
2:30 Ocean Path Walk
3 Secrets of the Summit

Oct. 11—Tuesday

9 Beech Mountain Hike
9-2 Hawk Watch (last day)
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
1:30 Dive-In Theater Cruise
2 Autumn Ramble
2:30 Ocean Path Walk

Oct. 12—Wednesday

7 Acadia's Birds
9:30 Headland Hike
10 Islesford Scenic Cruise
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
2:30 Ocean Path Walk

Oct. 13—Thursday

10 Frenchman Bay Cruise
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
1:30 Dive-In Theater Cruise
2:30 Ocean Path Walk
Varies Beavers' World

Oct. 14—Friday

8 Focus on Acadia
9 Carriage Road Walk
10 Islesford Scenic Cruise
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
2 Autumn Ramble
2:30 Headland Hike

Oct. 15—Saturday

10-5 Beech Mt. Fire Tower Open House
10 Frenchman Bay Cruise
10:30 Cadillac Summit Talk
11:30 Secrets of the Summit
2:30 Beech Mountain Hike



When attending Ranger-led Programs: Contact park staff about accessible facilities, services, and programs. Allow ample time to arrive safely. Parents must accompany all children and are responsible for their safety and behavior. Pets are not allowed on ranger-led programs.

