

# Acadia National Park



National Park Service  
U.S. Department of the Interior

## Ranger-led Programs July 2011



Bubble Rock

### Acadia National Park

P.O. Box 177, Bar Harbor, ME 04609

Information (207) 288-3338  
TTY (207) 288-8800  
Lost & Found (207) 288-8791  
acadia\_information@nps.gov  
www.nps.gov/acad

### Emergency—Call 911

### Let's Move Outside!

The Let's Move Outside program encourages kids and families to enjoy the great outdoors, be active, and stay healthy in our national parks. It's easy and fun to have an active outdoor adventure at Acadia. For more information visit: [www.letsmove.gov/letsmoveoutside.php](http://www.letsmove.gov/letsmoveoutside.php)

Watch for this symbol for active, ranger-led programs in Acadia!

### Celebrate!250

Celebrate the 250th anniversary of Mount Desert Island's first permanent settlement! Local organizations, including Acadia National Park, have planned a year-long celebration with a wide array of memorable, fun, and educational events.

**C!250** Watch for this symbol for Celebrate!250-related Acadia activities.

### Go Green—Bus Trips

Watch for this symbol for access to programs via the fare-free Island Explorer shuttle bus. Buses begin operating on June 23rd, providing service throughout Mount Desert Island and the Schoodic Peninsula, linking the park to neighboring towns. By parking your car and riding these propane-powered buses, you help reduce air pollution in the area and traffic and parking congestion. Remember to purchase your park pass before boarding the bus. All visitors who enter the park, regardless of how they enter, must pay an entrance fee.

### Accessibility

Watch for this symbol for accessible interpretive programs. Accessible destinations and facilities are detailed in the Access Guide, a free publication available at Acadia's information centers, the Entrance Station, and online at: [www.nps.gov/acad/planyourvisit/accessibility.htm](http://www.nps.gov/acad/planyourvisit/accessibility.htm)

### Assistive Listening Devices

Assistive listening devices (ALDs) are available for use by visitors with limited hearing. For reservations of ALDs, call (207) 288-8832.

### Safety Tips

Be careful out there—protect yourself and the park! Most accidents at Acadia occur while visitors are biking, hiking, exploring the shoreline, and driving. Keep these tips in mind to help ensure a safe visit to the park.

- Watch your step and wear sturdy shoes. Carry a map, first aid kit, flashlight, water, and appropriate weather gear on all trips, long or short. Tell someone where you're going and when you'll return.
- Yield to pedestrians and horses. Watch for loose gravel on road curves and hills.
- Stay away from cliff edges. Watch for wet rocks and loose gravel near cliff edges and shorelines.
- Drive safely, wear seat belts, and don't drink and drive. The speed limit is 35 mph in Acadia, unless otherwise posted.
- Please do not bring pets on ranger-led programs. When in Acadia, all pets must be on a leash no longer than six feet for the protection of your pet, people, and wildlife.
- When tidepooling, remember to keep three points of contact with the ground, watch for waves and where you walk—it's slippery by the sea!

### July Sunrise & Sunset Chart

Date	Sunrise	Sunset	Moon
July 1 Fri	4:52	8:21	New
5 Tue	4:54	8:20	
8 Fri	4:56	8:19	Quarter
12 Tue	4:59	8:17	
15 Fri	5:02	8:15	Full
19 Tue	5:05	8:12	
23 Sat	5:09	8:09	Quarter
26 Tue	5:12	8:06	
30 Sat	5:16	8:01	New
31 Sun	5:18	8:00	

### Evening Programs

There's a lot to experience in the park after dark!

**Blackwoods and Seawall Shows** (1 hour; amphitheater talk) Check campground bulletin boards or the visitor center for a complete listing of times and topics for campground evening programs, including special activities for Junior Rangers. Parking areas near the amphitheaters accommodate non-campers. Blackwoods Campground—Route 3 south of Otter Creek. Seawall Campground—Route 102A, south of Southwest Harbor.

**Knowing the Night** (2 hours; easy 1-mile walk; Mon/Wed) Fee: \$10 adults, \$5 ages 8–12. Challenge your senses and experience the mystery and intrigue of the night world. For adults and children 8 and older. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or call (207) 288-8832.

**Stars Over Sand Beach** (45 minutes; talk; Tue/Thu) Sit back and gaze at Acadia's amazing night sky, weather permitting. Dress warmly and please minimize flashlight use to preserve night vision. Meet on Sand Beach—Park Loop Road, south of Entrance Station.

### Cultural Connections

(Drop in anytime; demonstrations and performances; Wed) Come meet a Native American artist and discover cultural and artistic traditions. In case of inclement weather, demonstrations will take place at the downtown Abbe Museum at 26 Mount Desert Street, Bar Harbor. Co-sponsored by the Abbe Museum (207) 288-3519.

- **Passamaquoddy ash pounding demonstration**—July 13, 10:00-12:00, Sieur de Monts.
- **The Burnurwurbskek Singers, Wabanaki drum performance**—July 20, 11:00-1:00, Cadillac Mountain.
- **Nipmuc flute playing**—July 27, 11:00-1:00, Jordan Pond House.

### July Tide Chart

Date	High Tide		Low Tide	
	AM	PM	AM	PM
July 1 Fri	11:35	11:41	5:26	5:32
2 Sat	--	12:16	6:08	6:15
3 Sun	12:24	12:59	6:49	7:00
4 Mon	1:09	1:44	7:33	7:48
5 Tue	1:57	2:31	8:19	8:39
6 Wed	2:48	3:21	9:07	9:34
7 Thur	3:42	4:15	9:59	10:33
8 Fri	4:41	5:11	10:54	11:35
9 Sat	5:43	6:11	11:53	--
10 Sun	6:48	7:13	12:39	12:55
11 Mon	7:54	8:15	1:44	1:58
12 Tue	8:57	9:15	2:47	2:59
13 Wed	9:56	10:10	3:45	3:57
14 Thur	10:49	11:02	4:39	4:50
15 Fri	11:38	11:50	5:28	5:40
16 Sat	--	12:24	6:14	6:26
17 Sun	12:35	1:07	6:57	7:11
18 Mon	1:18	1:49	7:39	7:55
19 Tue	2:01	2:30	8:19	8:38
20 Wed	2:44	3:11	9:00	9:23
21 Thur	3:28	3:53	9:41	10:10
22 Fri	4:14	4:38	10:24	10:59
23 Sat	5:04	5:26	11:11	11:52
24 Sun	5:57	6:17	--	12:01
25 Mon	6:53	7:11	12:47	12:55
26 Tue	7:50	8:04	1:43	1:49
27 Wed	8:44	8:55	2:36	2:42
28 Thur	9:34	9:44	3:26	3:32
29 Fri	10:20	10:31	4:12	4:20
30 Sat	11:05	11:17	4:57	5:06
31 Sun	11:49	--	5:40	5:52

Data courtesy of the National Oceanic and Atmospheric Administration's national ocean service. Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.



### Boat Cruises

Rangers interpret the park from four of the many commercial boats in the area. Make reservations with boat operators. Wear warm clothing and arrive 30 minutes before departure. Ask boat operators about accessibility or for details about other cruises they may offer. Enjoy a car-free day and take the bus to a boat!

**Baker Island Cruise C!250** (4.5 hours; Tue/Wed/Fri/Sat) Spot seabirds and marine mammals while cruising along Acadia's cliffs and beaches. Explore beautiful Baker Island on a moderate hike to view a lighthouse and spectacular geology. Pack a lunch! Departs: Harbor Place, 1 West Street, Bar Harbor. Fee: \$45 adults, \$22 ages 6-14, \$5 ages 5 and under. For reservations on the Miss Samantha call (207) 288-2386.

**Dive-In Theater Boat Cruise** (3 hours; Tue/Thu) Cruise with a park ranger through Frenchman Bay in search of seals, porpoises, and coastal bird life. Watch real-time video as a diver scours the ocean floor for marine life to bring aboard the boat for hands-on exploration. Departs: College of the Atlantic Dock. Fee: \$40 adults, \$35 seniors, \$30 ages 5-11, \$15 ages under 5. For reservations on the Starfish Enterprise call (800) 979-3370 or international (212) 209-3370.

**Frenchman Bay Cruise** (2 hours; daily) Climb aboard a majestic 151-foot, four-masted schooner and sail away in search of wildlife and history. Departs: Bar Harbor Inn Pier. Fee: \$37.50 adults, \$35 seniors, \$27.50 ages 6-11, \$5 ages 2-5, infants free. Group rates for 15+ people. For reservations on the Margaret Todd call (207) 288-4585.

**Islesford Scenic and Historic Cruise C!250** (2.5 hours; daily) Discover the enduring connections between people and the sea. Watch for wildlife as you cruise to Little Cranberry Island for a stop at the Islesford Historical Museum, then explore the scenic fjord of Somes Sound. Departs: Municipal Pier, Northeast Harbor. Fee: \$28 adults, \$26 seniors, \$18 ages 5-11, \$7 ages under 5, infants free. For reservations on the Sea Princess call (207) 276-5352.





## Walks, Talks, & Hikes

**Acadia's Birds** (3 hours; easy walk and drive; Sun/Wed/Fri, Beginners 2 hours; Tue) Reservations required. Join a birding caravan to find, identify, and discuss some of Acadia's most fascinating migrants and residents. Bring binoculars and ask about accessibility. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

**Beech Mountain Hike** (3 hours; moderate to strenuous 4-mile hike; Wed/Sat) Uncover the wilds of the island's west side while hiking through lush forests and steep, rocky outcrops. Beech Mountain parking area—southern end of Beech Hill Road, off Route 102.

**Bike with a Ranger** (3 hours; moderate 8-11 mile ride; Mon/Thu) Fee: \$15 adults, \$10 ages 12–16. Like a guided hike, but on a bike! Explore the park's carriage roads, stone bridges, and scenic views from a different perspective at a comfortable pace. For adults and youth 12 and older. Bring your own bike (rentals available in local communities), water, snack/lunch, and helmet. Make reservations and pay fees no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

**Cadillac Summit Talk** (30 minutes; talk; daily) Enjoy views from atop the highest point on the eastern seaboard and gain a new perspective on Acadia's beauty. Cadillac Summit parking area—top of Cadillac Mountain.

**Carriage Road Walk** **C!250** (2 hours; easy 1.5-mile walk; Sun/Wed/Fri) Follow tree-lined carriage roads to beautiful stone bridges and explore the stories behind John D. Rockefeller, Jr.'s gift to Acadia. Parkman Mountain parking area—Route 3/198, north of Northeast Harbor.

**Carroll Homestead Open House** **C!250** (Drop in anytime; talk and activities; Tue) Visit an 1800's farm home, play historic games, and walk the grounds. Imagine what life was like for the families that lived here. A ranger will be available to answer questions. Carroll Homestead—Route 102 south of Somesville.

**Focus on Acadia** (3 hours; easy walk and drive; Fri) Reservations required. Bring your camera—digital or film—and take away valuable tips and techniques that will improve your ability to capture Acadia's unique beauty. May include motor travel to various points in the park. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

**The French Connection** **C!250** (45 minutes; talk; Thu) Why are so many places in the park named for the French? Hear adventurous stories of early explorers and colonists who sailed to "Acadie" and left their mark on more than just the map. Sieur de Monts Nature Center—intersection of Route 3 and Park Loop Road, south of Bar Harbor.

**Green Kingdom** (1.5 hours; easy 1.5-mile walk; Sun/Wed) Investigate Acadia's wildflowers, trees, and other plant life along a historic carriage road. Eagle Lake parking area (north lot, not boat ramp)—Route 233, west of Bar Harbor.

**Headland Hike** (3 hours; moderate, rocky 2-mile hike; Sun/Thu) Learn how to read the geologic and cultural story of Acadia's past, written within the park's dramatic landscape. Sand Beach parking area—Park Loop Road, south of Entrance Station.

**The Missing Mansion** **C!250** (1.5 hours; easy 0.5 mile walk; Mon/Fri) Explore the site of George Dorr's former mansion. Look for clues of his estate while learning about the man who helped create our national park. Compass Harbor parking area—Route 3, one mile south of Bar Harbor. Look for the orange cones. Limited parking available—take Bus #3 from the Village Green.

**Ocean Path Stroll** (2 hours; easy to moderate 2-mile walk; Sun/Mon/Tue/Thu/Fri/Sat) Discover stories of history and nature along this strikingly scenic trail. Gorham Mountain parking area—Park Loop Road south of Thunder Hole.

**Peregrine Watch** (Drop in anytime; talk; daily) Observe a peregrine falcon nest on the cliffs of Champlain Mountain through viewing scopes (weather permitting). Precipice Trail parking area—Park Loop Road, north of Entrance Station.

**Secrets of the Summit** **C!250** (30 minutes; easy walk; daily) Explore and discover fascinating stories about the park's highest peak. Cadillac South Ridge trailhead—near Cadillac Mountain Summit Center.

**Tidepool School** (2 hours; easy walk; Mon/Wed/Thu/Fri/Sat) Fee: \$10 adults, \$5 ages 5–12, and free under 5. You're never too old to explore the shore! Practice tidepool etiquette and shoreline safety while investigating a part of the park only revealed at low tide. Make reservations and pay fees no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.



## Children's Programs

Children must be accompanied by an adult. Junior Ranger ceremonies for completion of activity books will occur after Animal Tales and Wild Things.

**Animal Tales** (30 minutes; talk; daily) Meet some of Acadia's fuzzy, furry, or funny critters through stories and activities. Topics vary by day. Best for ages 6 and younger. Hulls Cove Visitor Center—Route 3 north of Bar Harbor.

**Mountain Mysteries** (2 hours; moderate 1-mile hike; Tue/Sat) Hike to the top of one of Acadia's mountains and unearth its geologic secrets along the way. Wear closed-toe, non-skid shoes. For ages 7 and older. Bubble Rock parking area—Park Loop Road, south of Bubble Pond.

**Small World** (1.5 hours; easy walk; Mon/Thu) Explore nature with a magnifying lens and see Acadia from a different perspective. For ages 4 to 9. Sieur de Monts Nature Center—intersection of Route 3 and Park Loop Road, south of Bar Harbor.

**Stream Team** (2 hours; easy walk; Wed/Sat) There is more to a stream than meets the eye! Using simple equipment, we'll look for stream invertebrates and learn how they are related to water quality. For ages 9 and older. Make reservations no more than three days before the program date, either in person at Hulls Cove Visitor Center or by calling (207) 288-8832.

**Super Sand Sleuths** (1 hour; activity; Sun/Tue/Fri) Watch the surf and wiggle your toes in the sand while exploring all of the things that make this beach so unique. For all ages. Sand Beach—Park Loop Road, south of Entrance Station.

**Touch Tank Talk** (20 minutes; talk; Tue/Wed/Thu/Fri/Sat) Learn about tidepool creatures and how to safely visit their homes along the shore. For all ages. College of the Atlantic Dorr Museum—Route 3, north of Bar Harbor. Take Bus #1 from Hulls Cove Visitor Center or Bus #2 from Village Green.

**Wild Things** (30-45 minutes; talk and activity; Sun/Mon/Tue/Thu/Fri/Sat) Get ready to get a little wild about some of the amazing things you can find in the park. Topics vary by day. Best for ages 7 and older. Sieur de Monts Nature Center—intersection of Route 3 and Park Loop Road south of Bar Harbor.

## Daily Program Schedule

(Children's Programs are in bold)

### Sundays

7 Acadia's Birds  
9 Carriage Road Walk  
9 Headland Hike  
9-12 Peregrine Watch  
9:30 **Super Sand Sleuths**  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
1:30 Cadillac Summit Talk  
2 Ocean Path Stroll  
2:30 Green Kingdom  
2:30 Secrets of the Summit  
2:30 **Wild Things**  
3 **Animal Tales**  
7:30 Blackwoods Early Show  
8:45 Seawall Late Show

### Mondays

9-12 Peregrine Watch  
9:30 **Small World**  
10 Bike with a Ranger  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
Varies Tidepool School  
1:30 Cadillac Summit Talk  
2 Ocean Path Stroll  
2:30 Secrets of the Summit  
2:30 **Wild Things**  
2:45 The Missing Mansion  
3 **Animal Tales**  
Varies Knowing the Night  
7:30 Seawall Early Show  
8:45 Blackwoods Late Show

### Tuesdays

8 Acadia's Birds-Beginners  
8:45 Baker Island Cruise  
9-12 Peregrine Watch  
9:30 **Mountain Mysteries**  
9:30 **Super Sand Sleuths**  
10-1 Carroll Homestead Open House  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
1:30 Cadillac Summit Talk  
1:30 Dive-In Theater Cruise  
2 Ocean Path Stroll  
2 **Touch Tank Talk**  
2:30 Secrets of the Summit  
2:30 **Wild Things**  
2:45 **Touch Tank Talk**  
3 **Animal Tales**  
3 Découvrez Acadia!  
8:45 Blackwoods Late Show  
9:15 Stars Over Sand Beach

### Wednesdays

7 Acadia's Birds  
8:45 Baker Island Cruise  
9 Carriage Road Walk  
9-12 Peregrine Watch  
9:30 **Stream Team**  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
10 Sur la côte rocheuse  
10:30 Cadillac Summit Talk  
11:30 Secrets of the Summit  
Varies Tidepool School  
Varies Cultural Connections  
2 **Touch Tank Talk**  
2:30 Beech Mountain Hike  
2:45 **Touch Tank Talk**  
3 **Animal Tales**  
4 Green Kingdom  
Varies Knowing the Night  
8:45 Blackwoods Late Show  
8:45 Seawall Late Show

### Thursdays

9 Headland Hike  
9-12 Peregrine Watch  
9:30 **Small World**  
10 Bike with a Ranger  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
10:30 French Connection  
Varies Tidepool School  
1:30 Cadillac Summit Talk  
1:30 Dive-In Theater Cruise  
2 Ocean Path Stroll  
2 **Touch Tank Talk**  
2:30 Secrets of the Summit  
2:30 **Wild Things**  
2:45 **Touch Tank Talk**  
3 **Animal Tales**  
3 Découvrez Acadia!  
8:45 Blackwoods Late Show  
8:45 Seawall Late Show  
9:15 Stars Over Sand Beach

### Fridays

7 Acadia's Birds  
8 Focus on Acadia  
8:45 Baker Island Cruise  
9 Carriage Road Walk  
9-12 Peregrine Watch  
9:30 **Super Sand Sleuths**  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
Varies Tidepool School  
1:30 Cadillac Summit Talk  
2 Ocean Path Stroll  
2 **Touch Tank Talk**  
2:30 Secrets of the Summit  
2:30 **Wild Things**  
2:45 The Missing Mansion  
2:45 **Touch Tank Talk**  
3 **Animal Tales**  
7:30 Seawall Early Show  
8:45 Blackwoods Late Show

### Saturdays

8:45 Baker Island Cruise  
9-12 Peregrine Watch  
9:30 **Stream Team**  
9:30 **Mountain Mysteries**  
10 Frenchman Bay Cruise  
10 Islesford Scenic Cruise  
Varies Tidepool School  
1:30 Cadillac Summit Talk  
2 Ocean Path Stroll  
2 **Touch Tank Talk**  
2:30 Beech Mountain Hike  
2:30 Secrets of the Summit  
2:30 **Wild Things**  
2:45 **Touch Tank Talk**  
3 **Animal Tales**  
8:45 Blackwoods Late Show



### When attending Ranger-led Programs:

Contact park staff about accessible facilities, services, and programs. Allow ample time to arrive safely. Parents must accompany all children and are responsible for their safety and behavior. Pets are not allowed on ranger-led programs.

## Activités d'interprétation en français

Gratuites et sans réservation

**Découvrez Acadia!** (1½ heures; facile; randonnée guidée; 1 kilomètre) Apprenez pourquoi les voyageurs du monde entier sont attirés depuis des siècles par cette région. Rendez-vous au stationnement du sommet du Mont Cadillac. le mardi et le jeudi à 15h.00

**Sur la côte rocheuse** (1½ heures; facile;

randonnée guidée; 3 kilomètres) Faisons une promenade sur la partie de la côte la plus pittoresque du parc. On suit le chemin jusqu'à la Pointe Otter, traversant la vieille forêt coniférienne. Rendez-vous au stationnement du Mont Gorham. le mercredi à 10h.00