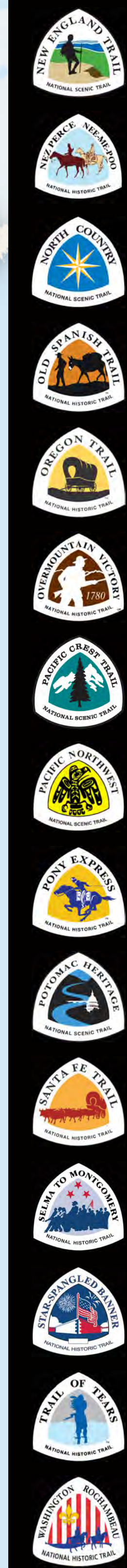


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North
 Scale for all areas except Alaska
 0 100 200 Kilometers
 0 100 200 Miles
 Map data from April 2010



Administered By:

National Park System		National Forest System	
MEM	Memorial National Battlefield	NP	National Park
NB	National Battlefield	NPPA	National Preserve
NHP	National Historical Park	NRA	National Recreation Area
NHS	National Historic Site	NRES	National Reserve
NL	National Lakeshore	NS	National Seashore
NM	National Monument	NSR	National Scenic Riverway
NMEM	National Memorial	PKWY	National Scenic Riverway Parkway
NMP	National Military Park		
Fish and Wildlife Service		Bureau of Land Management	
NWR	National Wildlife Refuge		

- Chesapeake Bay area National Wildlife Refuges
- 1 Blackwater
 - 2 Eastern Neck
 - 3 Eastern Shore of Virginia
 - 4 Featherstone
 - 5 Fisherman Island
 - 6 James River
 - 7 Martin
 - 8 Mason Neck
 - 9 Nanjemund
 - 10 Occoquan Bay
 - 11 Plum Tree Island
 - 12 Potomac
 - 13 Rappahannock River Valley
 - 14 Susquehanna
- National Park sites
- 15 Colonial NHP
 - 16 Fort Mifflin NM
 - 17 George Washington Birthplace NM
 - 18 Piscataway Park
 - 19 Prince William Forest Park
 - 20 Richmond NHP

Note: Abbreviations above are for federal lands shown on this map. In many places, exact trail locations have not yet been determined. Portions of the trails indicated on this map may not be accessible for public use. Please check with individual trail clubs and managing offices for the latest available trail locations.

For more information about National Trails, please visit: www.PNTS.org and www.Trails50.org